Outline

Students with Mental Health Issues

- Characteristics of at-risk students' mental health problems
- Mental health issues vs. intentionally disruptive behaviors
- How skill deficits from mental health issues create behavioral difficulties

Strategies for ODD and Conduct Disorder Behaviors

- Choices everyone can live with
- What adults should never sav, but usually do
- Arguments with defiant kids
- Getting to the core issues of ODD
- Kids who don't feel bad
- School-wide management program

Strategies for ADHD

- · Decrease impulsive behaviors with what YOU do
- · Drawing out the behaviors you want
- Decrease disruption to other students
- Know the accompanying behaviors
- Techniques to self-regulate

Strategies for ASD

- It's all about social skills growth
- Sensory solutions
- Self-regulation techniques for ASD
- Most misinterpreted behaviors
- Manage high interest areas
- Move them past "kid cop" behaviors

Strategies for Anxiety

- What to do about separation anxiety
- Help their panic attack pass quickly
- School phobia...not always a fear of school
- Compromises that work
- Deep breathing and relaxation techniques

Seminar on CD or DVD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Strategies for Depression

- School-wide program to promote compassions and a supportive culture
- Getting them past their sense of helplessness
- When they think they have nothing to live for
- Goal oriented plans for schoolwork and school day

Strategies for Other Challenging Behaviors

- Cutting and self-injury: What you really need to know to effectively intervene
- Electronic addiction: Which kids are most susceptible and why
- Psychotropic medication side-effects vs. behavioral issues
- Electronic bullying: What adults tell kids that fuels the problem

Disciplining the Special Needs Child/Adolescent

- How IDEA relates to discipline
- Rules for disciplining special education students
- Techniques for positive behavior support
- "Pro-social" punishments

Strategies for the IEP Team

- Functional behavioral assessment simplified
- Facts and data to make tactical decisions
- Effective collaboration among educators and clinicians
- What most administrators do that burn out their staff
- What to do about non cooperative/ reluctant parents

Live Seminar Schedule

- 7:30 am Registration/Morning Coffee & Tea 8:00 am Program begins 11:50 am - 1:00 pm Lunch (on your own)
- 4:00 pm Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

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Applications of the Adult Attachment Interview **Dr. Dan Siegel** 1.5 CE HOUR HURRY OFFER EXPIRES October 15, 2017 54702-1000 www.pesi.com/siegel-free 1000 re, WI Earn CE where you work! Bring this Box 1 Claire raining & many others to your facility! www.pesi.com/inhouse PESI P.O. E Eau (MENTAL HEALTH ISSUES in the Classroom **PRACTICAL STRATEGIES** FOR HELPING CHILDREN AND ADOLESCENTS SUCCEED



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GRAND RAPIDS, MI

Monday, November 13, 2017

LANSING, MI Tuesday, November 14, 2017

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MENTAL HEALTH ISSUES

in the Classroom

PRACTICAL STRATEGIES FOR HELPING CHILDREN AND **ADOLESCENTS SUCCEED**

Join child and adolescent behavioral expert Dr. Margery J. Shupe, LPCC-S

 Strategies for challenging behaviors related to ODD, ADHD, ASD, mood disorders, anxiety and depression

Reduce the costs of out-of-district placements

•30 second teacher strategies

Functional behavioral assessment simplified

 Don't mistake mental health issues for intentionally disruptive behaviors

GRAND RAPIDS, MI Monday, November 13, 2017

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MENTAL HEALTH ISSUES IN THE CLASSROOM

PRACTICAL STRATEGIES FOR HELPING CHILDREN AND ADOLESCENTS SUCCEED

Join child/adolescent behavioral expert, Dr. Margery J. Shupe, LPCC-S, and learn how to best manage the students at your school diagnosed with Oppositional Defiant Disorder (ODD), Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), mood disorders, anxiety and depression. You will walk away with concrete, yet practical, strategies to successfully intervene with their serious behavioral issues, such as:

Meltdowns and tantrums

- Anger and outbursts
- Cutting and self-injury Obsessive compulsive
- Defiance
- Impulsivity Sensory issues
- Electronic addiction

Through case studies, video clips and dynamic class discussion you will learn:

• 30 second teacher strategies to manage challenging and disruptive behaviors

Truancy

Rigidity

- New ways to reduce the costs of out-of-district placements
- How to engage students in class, increase productivity and reduce truancy
- Behavioral assessments and strategies for the IEP team
- Side-effects of common psychotropic medications
- How skill deficits from mental health conditions create behavioral difficulties
- Characteristics of at-risk students' mental health problems
- Strategies to gain collaboration with clinicians

Leave the day with the "magic dust" you have been looking for to expedite rapid and effective changes in these children and adolescents!

Speaker

Dr. Margery J. Shupe, LPCC-S, has extensive experience providing direct consultation to assist school mental health teams in identifying and treating mental health problems in children in public and private school settings. She has developed professional programming presentations for school mental health teams, school personnel, teachers and administrators. Dr. Shupe has extensive consultation experience in working with discipline in the schools as well as providing strategies for the IEP Team.

The clinical director of her own private practice, Dr. Shupe specializes in assessing and treating children and adolescents with behavioral and emotional disorders. She has 25 years of clinical experience in the counseling psychology field. She has worked in an adolescent behavioral medicine clinic as a counseling psychologist and served as a supervisor and clinical therapist of a residential/outpatient children's/adolescent facility.

Dr. Shupe has presented regionally, nationally and internationally on a broad range of topics, primarily focused on clinical treatment of children/adolescents, parent training, family counseling, treating children/teens with chronic illness, and assessment and diagnosis of emotional/behavioral and learning disabilities. Dr. Shupe has published extensively in professional journals, research manuals and book chapters.

Dr. Shupe has been teaching in graduate counseling programs for 17 years, and is a contributing faculty member in the Walden University College of Social and Behavior Sciences' Mental Health Counseling Program. She earned her Ed.D. from the University of Cincinnati and her M.A. in Counseling Psychology from Western Michigan University.

Speaker Disclosures:

Financial: Margery J Shupe maintains a private practice. She is a professor at Walden University. She receives a speaking honorarium from PESI, Inc.

Non-financial: Margery J Shupe is a member of the American Counseling Association.

Objectives

- Differentiate between behavioral-driven choices and mental health-driven behaviors.
- Communicate the effective uses of medications and potential side effects that can appear as misbehaviors.
- Implement various school-based strategies, used in collaboration with community clinicians, to intervene when behavioral issues arise from mental health conditions.
- Determine effective positive behavior support strategies to successfully discipline the special needs child.
- · Discriminate how IDEA relates to mental health issues and discipline.
- Apply communication techniques that create a climate for success inside and outside the classroom.



*Include these products with your seminar registration and save!

Self-Compassion for Teens

129 Activities & Practices to Cultivate Kindness

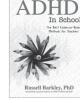
By Lee-Anne Gray, Psy.D.

The first of its kind, this book brings together 129 actionable mindfulness and compassion-building tools for teens to reduce suffering and cultivate kindness for themselves and the world around them. Perfect for clinicians, educators and parents, this resource is filled with exercises, worksheets and activities.

Managing ADHD in School

The Best Evidence-Based Methods for Teachers

By Russell A. Barkley, Ph.D.



SELF-

COMPASSION

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131 Activities Practices Cultivate Kindness

Managing

Dr. Russell Barkley, internationally respected expert on ADHD, draws on his 40 years of clinical work with thousands of students, teachers and schools to create a definitive resource for the most effective methods in overcoming impairments for children and teens with ADHD. Managing ADHD in Schools details more than 100 evidence-based recommendations to help teachers and clinicians increase the success of children and teens with ADHD. This manual goes beyond the "what" to explain "why" the problems are likely occurring, followed up with the most effective interventions.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Ryan Bartholomew at rbartholomew@pesi.com or call 715-855-8225.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For thos in partial attendance draried late or left early, an adjusted certificate of completion reflecting partial credit will be issued to partial be sent within 500 days (if would be sented the full of the senter senter senter senter senter senter of the senter senter of the senter senter senter of the senter sent

If your profession is not listed, please contact your licensing board to determine your continuin education requirements and check for reciprocal approval. For other credit inquiries not specifi below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-344-8260 before the event.

Materials that are included in this course may include interventions and modalities that ar makeyond the autoritation of the second seco PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group, NAADAC Provider #77553, PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to termine specific filing requireme

EDUCATORS/TEACHERS: This course is designed to qualify toward your profesional development requirement. The program is 6.25 clock hours in length.

MICHIGAN SCHOOL PERSONNEL & EDUCATORS: An application has been submitted for State Board Continuing Education Units (SB-CEUs) for the face-toface program only. Those seeking SB-CEUs must attend 100% of the face-to-face seminar in addition to completing an SB-CEU Participant Application Form (available at the seminar) and following sign-in/sign-out procedures as directed at the program. Additionally, participants will be required to complete the MDE evaluation in the Secure Central Registry. Specific instructions will be provided at the seminar.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of comple tion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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Target Audience

Speech-Language Pathologists Speech-Language Pathology Assistants Teachers & Paraprofessionals School Counselors School Psychologists

School Administrators School Social Workers Marriage & Family Therapists Nurses Occupational Therapists Occupational Therapy Assistants

OCCUPATIONAL THERAPISTS & OCCUPATIONAL CONTINUING EDUCATIO THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322.

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PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required: no partial credits will be offered for partial attendance.



Board of the American Speech-Language-Hearing Association (ASHA) to provide in speech-language pathology

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SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for <u>.6</u> ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved OACE as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program, PESI, Inc. maintains

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion and contact your own board or organization for specific requirements

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