

Outline

Executive Functions (EF) Overview

The neuropsychology of Executive Functions

Levels, domains of functioning, arenas of involvement

A closer look at the self-regulation level:
7 clusters encompassing 33 functions

EF development over time

EFs, DSM 5® diagnoses, educational classifications

Develop an Intervention Plan: Assessment of EF Strengths and Weaknesses

A multidimensional model to guide assessment

Norm referenced tests, rating scales and diagnostic interviewing

Assessing the impact of EF difficulties on academic learning and production

Learning difficulties versus producing difficulties

EF-driven Functional Behavior Assessment

Strategies for EF Development and EF Difficulties

Create an environment for positive change

Develop and use growth mindsets

The EF intervention continuum

Orienting strategies that focus on goals and outcomes

External strategies for modifying behavior:
Cueing, prompting and thinking aloud

Bridging strategies from externally controlled to internally self-regulated

Internally self-regulated strategies:
Strengthen independent functioning

Evidence-based Programs and Resources to Foster Growth

Develop EFs in pre-school and kindergarten

Problem-solving models and programs

Cognitive strategy instruction and cognitive behavior therapy

Technology-based approaches

Mindfulness techniques and EF growth

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Objectives

1. Analyze a comprehensive neuropsychological model of executive functions.
2. Communicate how executive function difficulties are manifested in individuals diagnosed with various psychological disorders and/or enrolled in special education programs.
3. Apply effective assessment techniques based on a multidimensional framework to determine executive function strengths and weaknesses and to target specific intervention needs.
4. Determine strategies that are appropriate for fostering executive function development and/or for intervening when executive function difficulties are identified.
5. Implement strategies that bridge the gap between “external control” and “internal self-regulation”.
6. Summarize how mindfulness, CBT and other evidence-based programs that foster executive function development and/or remediate difficulties.

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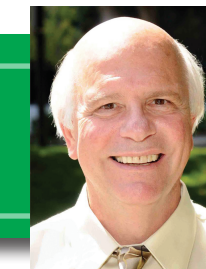
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George McCloskey, Ph.D.,
International Expert and Best-Selling Author

Proven Interventions for Children, Adolescents and Adults

- Profile your client's EF strengths and weaknesses to target specific interventions
- Promote EF development – strategies for directing, cueing, prompting
- Transition strategies from being externally prompted to internally regulated
- Tailor interventions that can be used individually or with large groups/classrooms
- Teach your clients to be more independent

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IMPROVING EXECUTIVE FUNCTIONS

Join international expert and author, George McCloskey, Ph.D., for this strategy filled day!

Dr. McCloskey has over 35 years of experience as a psychologist, and has spent over 20 years researching executive functions (EF), working with leaders in the field, and assessing and treating children, adolescents and adults with executive function difficulties.

Drawing on Dr. McCloskey's clinical expertise and experience, you will develop the skills you need to better assess, grow and improve executive functioning in your clients. Effectively teach your client the skills to:

- Get organized
- Resist impulses
- Stay focused
- Use time wisely
- Plan ahead
- Manage emotions
- Persist with tasks
- Improve memory

With captivating descriptive examples, engaging case illustrations, and effective strategies you can immediately implement, you can help your client change their brain and behavior!

Speaker



George McCloskey, Ph.D., has amassed 35 years of experience in test development, teaching, research and assessment and intervention work with a wide range of clients. Based on the past 20 years of his research and experience working specifically with children, adolescents and adults exhibiting executive function difficulties, Dr. McCloskey has developed a comprehensive model of executive functions that can be used to assess executive function strengths and difficulties and guide efforts to foster growth and intervene with difficulties. He consults with a number of school districts and private schools nationwide on issues related to improving students' self-regulation capacities in the classroom, behavior management, assessment and intervention for executive functions difficulties related to academic and behavior problems.

Dr. McCloskey is a professor and director of School Psychology Research in the Psychology Department of the Philadelphia College of Osteopathic Medicine and holds Diplomate status with the American Academy of Pediatric Neuropsychology. He frequently presents at international, national, regional and state meetings on cognitive and neuropsychological assessment and intervention topics.

Dr. McCloskey is the lead author of the books *Assessment and Intervention for Executive Function Difficulties* and *Essentials of Executive Functions Assessment* and his most recent writing on interventions for executive function and executive skills difficulties appears in Chapter 10 of the book *Essentials of Planning, Selecting, and Tailoring Interventions for Unique Learners*. He also is the author of the *McCloskey Executive Functions Scales* (MEFS) that are currently in standardization with Schoolhouse Press.

Speaker Disclosures:

Financial: George McCloskey has an employment relationship with the Philadelphia College of Osteopathic Medicine. He receives royalties as an author for Taylor & Francis, Wiley & Sons, and Schoolhouse Press. Dr. McCloskey receives a speaking honorarium from PESI, Inc.

Non-financial: George McCloskey has no relevant non-financial relationship to disclose

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Assessment and Intervention for Executive Function Difficulties

By George McCloskey — Your Presenter!

McCloskey, Perkins, and Diviner provide a unique blend of theory, research, and practice that offers clinicians an overarching framework for the concept of executive functions (EFs) in educational settings. The conceptual model of executive functions is detailed, including their role in behavior, learning, and production across all settings. The heart of the book focus on the practical issues involved in the use of assessment tools, tests, report writing, and the implementation and follow-up of targeted interventions using the EF model.



Essentials of Executive Functions Assessment

By George McCloskey — Your Presenter!

Executive Function describes a set of mental processes that helps us connect past experience with present action, which is important for successful adaptation and performance in real-life situations. Written by a respected expert and presenter on executive functioning, Essentials of Executive Function Assessment equips mental health practitioners (school, clinical, developmental/pediatric, neuropsychologists, educational diagnosticians, and educational therapists) with all the information they need to administer, score, and interpret assessment instruments that test for executive function deficits associated with a number of psychiatric and developmental disorders.

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

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