

2-Day Certificate Training

Cognitive Behavioral Interventions for High-Functioning Autism

Improve Social Skills, Mood and Challenging Behaviors in Children, Adolescents & Young Adults

Every individual with High-Functioning Autism (HFA) is extremely different, which can make providing treatment very difficult.

They have unique abilities in visual-spatial processing, rule-following, sensory perception, and detailed memory, but also deficits in executive functioning, integrative processing, and other complex cognitive skills. Thus, they are more prone to the co-occurring challenges of anxiety, depression, aggression, poor self-regulation, inattention, and social skill deficits.

Join autism expert and author, Cara Daily, PhD, BCBA, for this 2-day certificate training and learn how to integrate essential cognitive-behavioral therapy (CBT) tools, evidence-based behavioral interventions and successful psychosocial techniques to effectively teach your clients with HFA (0-25 years) to regulate their emotions, develop impulse control, and improve their behaviors.

You will receive in-depth specialized training in using:

- Assessment tools to guide treatment programming
- Motivational interviewing, mindfulness, exposure and response prevention, social stories, social skills programs and social autopsies
- Comprehensive manualized treatment program for reducing anxiety
- CBT to address comorbid disorders, poor social skills, adaptive behavior deficits, special interests, poor attention and motivation, and any school- or work-based problems

Through engaging case studies, and hands-on demonstrations and activities, you will leave this training with the knowledge and skills required to confidently assess and treat your clients with autism!

Questions?

Call customer service at 800-844-8260



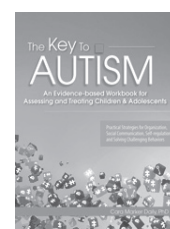
Objectives

1. Assess, screen and diagnose High-Functioning Autism (HFA) using DSM-5® and ICD-10 diagnostic criteria.
2. Differentiate between neurological abilities and impairments in clients diagnosed with HFA.
3. Create a comprehensive treatment plan that targets symptoms of HFA based on results of a psychosocial assessment.
4. Compare and evaluate empirically-validated strategies for treating children diagnosed with HFA.
5. Evaluate and develop your communication style to facilitate effective, reciprocal conversations with clients diagnosed with HFA.
6. Utilize developmentally appropriate interventions to teach your clients with HFA how to engage in appropriate sexual behaviors.
7. Employ sensory-based relaxation techniques to reduce symptoms of anxiety in your clients with HFA.
8. Implement visual strategies to assist clients with executive functioning deficits.
9. Use case examples to identify the two major functions of a specific behavior.
10. Evaluate the ethical dilemmas associated with utilizing specific punishment techniques, including time-out and seclusion.
11. Utilize techniques of mindfulness, CBT, and family therapy to treat depression in clients with HFA.
12. Assist clients in identifying thoughts and feelings in anxious situations and develop a plan for effective coping.
13. Incorporate techniques of exposure and response prevention in treating OCD with clients who have been diagnosed with HFA.
14. Recognize the potential side effects of psychotropic medication that can mimic or cause behavioral issues related to HFA.

TARGET AUDIENCE:

Psychologists • Counselors • Social Workers • Marriage and Family Therapist • School Psychologists
School Counselors • School Social Workers • Psychiatrists

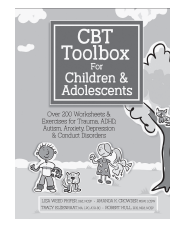
SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



The Key to Autism
An Evidence-based Workbook for Assessing and Treating Children & Adolescents

By Cara Marker Daily, PhD **Your Speaker!**

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, and "how-to" sections for applied behavior analysis (ABA), this workbook is the key to understanding the minds of children and adolescents with autism.



CBT Toolbox for Children and Adolescents
Over 200 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders

By Robert Hull, Lisa Phifer, Amanda Crowder, Tracy Elsenraat

The CBT Toolbox for Children and Adolescents gives you the resources to help the children in your life handle their daily obstacles with ease. Written by clinicians and teachers with decades of experience working with kids, these practical and easy-to-use therapy tools are vital to teaching children how to cope with and overcome their deepest struggles. Step-by-step, you'll see how the best strategies from cognitive behavioral therapy are adapted for children.

Don't Miss!
**LIVE VIDEO
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Columbia, MD
Tuesday & Wednesday, December 4 & 5, 2018

Fairfax, VA
Thursday & Friday, December 6 & 7, 2018

Live Video Webcast
Thursday & Friday, December 6 & 7, 2018



Presented by:
Cara Marker Daily, PhD
author of *The Key to Autism: An Evidence-Based Workbook for Assessing and Treating Children and Adolescents*



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- Assessment tools to guide treatment planning
- Psychosocial strategies for comorbid disorders
- Mindfulness, CBT, and exposure and response prevention
- A CBT manualized program for reducing anxiety

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