

# Outline

## Complex Feeding Issues

Definition and prevalence of feeding issues  
 Overlap of sensory processing skills, oral motor skills and behaviors  
 Normal development key points

## Evaluation of Feeding Skills

Observations: sensory or behavior responses  
 Oral motor evaluation for jaw, lips, and tongue strength and range of motion for feeding  
 Foods that give you information quick  
 Quick sensory tasks for a sensory profile  
 Case study: Putting it all together.  
 Video of evaluations, and case studies

## TECHNIQUES AND TREATMENT STRATEGIES

### Autism

Address food jags  
 Make food fun: sticks, cubes and more to increase oral motor skills  
 Address mealtime behaviors such as not sitting and throwing food  
 Easy ways to regulate arousal at the table using breathing and proprioceptive input  
 Strategies to address tactile defensiveness  
 Video case study

### Cerebral Palsy

Oral motor exercises to promote rotary chewing, tongue lateralization and lip closure  
 Easy techniques to increase under responsivity  
 Tone management for increased range of motion in lips and cheeks  
 Hand to mouth connection  
 Handling and seating techniques  
 Exercises to decrease tongue thrust

Sensory input to increase oral motor muscle responsivity  
 Stretching the oral facial muscle to regulate tone for chewing and straw drinking  
 Video case examples

## Other Development Delays (Down Syndrome, Failure to Thrive, and Global Delays)

Easy sensory techniques for children with decreased vision and cortical vision impairment  
 Address cognitive delays using sensory processing and motor skills  
 Oral motor exercises and "mealtime concepts" for children who do not eat by mouth  
 Failure to thrive: make fun food and increase interest  
 Video case examples

## Promote Carry- Over at Home

Education of family and caregiver on complexity of feeding  
 Create peaceful mealtime at home through routine  
 Easy oral motor exercises during play and mealtimes  
 Easy sensory activities to promote attention and regulation during mealtime

## Live Seminar Schedule

**7:30** Check-in/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
 Actual lunch and break start times are at the discretion of the speaker.  
 A more detailed schedule is available upon request.

# Objectives

1. Evaluate how sensory processing, behavior and oral motor skills impact or interfere with each child's ability to eat.
2. Role Play how to implement sensory techniques during and prior to meal times to address difficulties such as not wanting to touch certain foods or sitting at the table.
3. Implement oral motor exercises and strategies to promote feeding patterns such as rotary chewing pattern, lip closure and tongue lateralization.
4. Explore the misconceptions about feeding that impact special needs children.
5. Evaluate the behaviors that interfere with eating and devise strategies to address the behavior.
6. Support and guide the parents, caregivers and other family members through often emotional or stressful meal times.

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# Complex Feeding Issues

Sensory, Motor, and Behavior Techniques for Autism, Cerebral Palsy and Other Developmental Delays

<b>Timonium, MD</b> Monday December 10, 2018	<b>Ellicott City, MD</b> Tuesday December 11, 2018	<b>Fairfax, VA</b> Wednesday December 12, 2018
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# Complex Feeding Issues

Sensory, Motor, and Behavior Techniques for Autism, Cerebral Palsy and Other Developmental Delays

- Sensory treatment strategies to keep mealtimes peaceful
- Decrease food jags for Autism
- Blend motor and sensory strategies to address feeding delays
- Deep breathing and proprioceptive input to address self-regulation at the table

<b>Timonium, MD</b> Monday December 10, 2018	<b>Ellicott City, MD</b> Tuesday December 11, 2018	<b>Fairfax, VA</b> Wednesday December 12, 2018
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## Complex Feeding Issues: Sensory, Motor, and Behavior Techniques for Autism, Cerebral Palsy and Other Developmental Delays

Do you work with special needs children who cry or scream, throw food, refuse to sit at a table and eat, or refuse to try new foods? Do you know children who eat only a limited number of foods or only eat the same food over and over? Is going to a restaurant out of the question for the families you work with?

Attend this seminar to get the strategies you need to make mealtimes more peaceful and positive!

You will learn much more than the sensory issues causing these feeding difficulties; we will examine behavior issues as well as oral motor difficulties. Through the use of video case examples, I will show you treatment strategies, demonstrations, and hands on exercises to gain the knowledge needed to successfully treat feeding difficulties in children with Autism, Cerebral Palsy and more.

Walk away with advanced techniques to:

- Evaluate the causes of mealtime difficulties: behavior, sensory, oral motor, or a combination
- Increase range of foods, decrease food jags
- Blend motor and sensory to address feeding delays in cerebral palsy
- Increase jaw strength and decrease ineffective lip closure, or poor tongue lateralization
- Use deep breathing and proprioceptive input to address self-regulation at the table
- Develop tactile, auditory and smell to increase participation for kids w/decreased vision or cortical impairment
- Educate parents and caregivers to promote carryover at home

## Speaker

**Jessica Hunt, OTR/L**, is well-known for her experience in treating pediatric sensory processing disorders in both the home and clinical settings. She serves children by bringing her feeding expertise directly into the home setting through her company J.L. Hunt Therapeutics. Previously Mrs. Hunt worked for 10 years at Kaufman Children's Center as the director of occupational therapy and sensory integrations programs and then as the director of feeding and oral motor programs. She is certified in sensory integration, receiving her Sensory Integration and Praxis Test (SIPT) certification in 2008 and she had studied with Lucy Jane Miller, PhD, OTR, who is nationally recognized for sensory research, education, and treatment. Ms. Hunt received her bachelor's degree in occupational therapy from Wayne State University in 2003. She gained expertise in "picky eating," oral-motor therapy through trainings that include, the Beckman Protocol, and Talk Tools, behaviors issues with feeding, feeding strategies for children who have autism, and treating medically challenging child. She is also trained in craniofacial therapy, advanced training in Therapeutic Listening, Integrated Listening System, and Handwriting without Tears.

Mrs. Hunt is also the notable recipient of the 2011 Michigan Occupational Therapy Association Award of Excellence.

Speaker Disclosures:

Financial: Jessica Hunt maintains a private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: Jessica Hunt has no relevant non-financial relationship to disclose.

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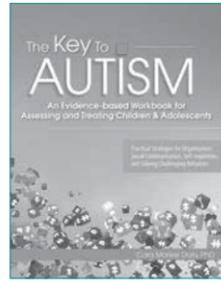
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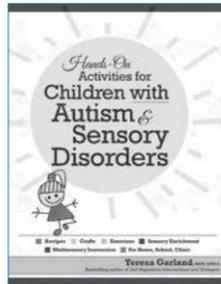


### The Key to Autism

An Evidence-based Workbook for Assessing and Treating Children & Adolescents

By Cara Marker Daily, PhD

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, and "how-to" sections for applied behavior analysis (ABA), this workbook is the key understanding the minds of children and adolescents with autism.



### Hands-on Activities for Children with Autism & Sensory Disorders

By Teresa Garland, MOT, OTR/L

Innovative, practical and fun activities for children with autism and sensory disorders. Following a step-by-step recipe format, Teresa Garland, MOT, OTR/L provides nearly 200 activities and interventions to help children with their sensory needs. This highly detailed, illustrated and accessible guide is a rich resource for any therapist, teacher or parent.

Questions? Call customer service at 800-844-8260

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