# ADHD CERTIFICATION COURSE

Become a leader in the mental health field and elevate your practice with state-of-the-art advancements for working with clients diagnosed with ADHD. This unique offer is a **blend of live and online CE hours** that provide you with **evidence-based, innovative intervention strategies that will revolutionize your ADHD treatment** across the lifespan, using both medication and non-medication approaches.

Begin by joining **Dr. Sharon Saline, ADHD-CCSP,** in this intensive 2-day course packed with tools and techniques you can use immediately with children and adolescents to **improve behavior, gain cooperation and repair relationships.** Using strength-based, collaborative approach that synthesizes neurobiology, behavior and emotion, you can create effective, powerful interventions for kids and families that go beyond medication and crisis management.

You'll walk away with concrete, practical strategies that:

- Create a family-centered treatment plan that the client buys into
- Treat the shame, stress and anxiety that often coincide with ADHD
- Reduce meltdowns and conflicts at home and school
- Empower parents and caregivers to be a part of the solution

Sign up today!

# **Become ADHD-CCSP Certified!**

Upon completion of Dr. Saline's 2-day seminar, you will be granted access to 18 hours of free content (with CE credit) by leading ADHD experts, including **Dr. Russell Barkley.** Topics include:

- Evidence-based medication and psychosocial treatment of ADHD
- ADHD vs. Sluggish Cognitive Tempo (SCT)
- Adult ADHD treatment considerations
- ODD, ASD & Mood Disorders in children & adolescents

Once you have completed both the live and digital content (30 hours total), you will have met the full educational criteria for ADHD-CCSP (Certified Clinical Services Provider) certification through The Institute of ADHD Professionals, endorsed by CHADD. See inside for more details or visit www.adhdcert.com





# **Live Event Learning Objectives**

- 1. Identify the biological, behavioral and emotional factors related to ADHD symptoms and executive functioning skills.
- 2. Summarize current research on ADHD and executive functioning including medical and non-medical treatment options and socioeconomic and cultural factors affecting young people with ADHD.
- 3. Explain how the ADHD brain develops through childhood and adolescence and the effect of drugs, alcohol and trauma.
- 4. Ascertain how ADHD, learning disabilities and mental health issues impact social and familial relationships.
- 5. Assess for a range of executive skills in children and adolescents as it relates to treatment planning.
- 6. Develop effective strategies and collaborative interventions for improving executive functioning skills that increase kids' participation in treatment and promote lasting change.
- 7. Recognize how co-existing disorders and learning disabilities impact and interact with ADHD and executive functioning skills.
- 8. Implement practical treatment interventions that increase motivation and cooperation at home and school for children diagnosed with ADHD.
- Design an effective treatment plan that integrates CBT, family systems and psychodynamic approaches to engage clients and improve symptomology.
- 10. Advocate successfully on your client's behalf with teachers, administrators, other school personnel or health professionals.
- 11. Recognize warning signs of risky behavior among adolescents diagnosed with ADHD and gain effective tools for addressing them.
- 12. Investigate the relationship between ADHD and technology and formulate appropriate interventions to help families struggling with screens.

# Have a seminar idea? A manuscript to publish?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Kate Sample** at **ksample@pesi.com** or call **715-855-5260**.

# Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

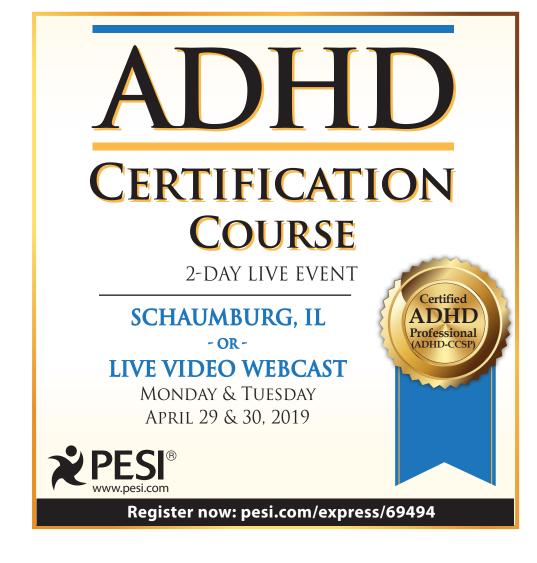






7ESI P.O. Box 1000 Eau Claire, WI 54702-10 4 *division of PESI, Inc.* 

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# ADHD

# **CERTIFICATION COURSE**

2-DAY LIVE EVENT WITH SHARON SALINE, PSY.D., ADHD-CCSP



SCHAUMBURG, IL

-OR-

LIVE VIDEO WEBCAST

Monday & Tuesday April 29 & 30, 2019

TUITION INCLUDES
AN ADDITIONAL

18 FREE HOURS OF DIGITAL CONTENT

FEATURING

**DR. RUSSELL BARKLEY**AND OTHER ADHD EXPERTS



A Non-Profit Organization Connectin Knowledge with Need Since 1979

Register now: pesi.com/express/69494

# **Live Event Outline**

# Why an Integrative, Collaborative Approach to ADHD?

improve success rates Builds self-esteem through strength-based

Includes the client in the process of change to

thinking and acquisition of skills Normalizes challenges related to living with

ADHD – for kids and parents Fosters self-acceptance through biology-based

information

## **Assessment and Treatment Planning**

How to obtain an accurate diagnosis

The neurobiology of ADHD, including the impact of trauma

Co-Occurring Disorders: Is it ADHD and/or something else?

- ODD, anxiety, OCD, learning disability, autism Factors to consider:
- Environmental influences, quality of sleep, video games/social media

Current population trends in co-existing disorders

Techniques for differential diagnosis Individual v. group therapy How to engage the family in treatment Limitations of the research and potential risks

# The Critical Role of Executive Functioning (EF) in ADHD Treatment

What are executive functioning skills? How to identify EF strengths and weaknesses Effective methods for improving EF skills Tools for uncovering family patterns related to EF skills

# The Medication Debate: What Every **Clinician Needs to Know**

Pros and cons of using medication to treat

How medications work: Stimulants and non-stimulants

Providing effective psychoeducation to clients about medication

Non-compliance: How to respond Efficacy of common medication alternatives

## The 5C's Approach: Empower Kids for **Success in School and Life**

Teaching self-control for parents and kids When Compassion is more than empathy How Collaboration fosters essential buy-in Consistency means steadiness, not perfection Celebration encourages effort

# **ADHD at Home: Help Families Reduce Conflict and Stav Connected**

Treatment strategies to:

- Avoid homework hassles
- Manage emotional outbursts
- Reduce meltdowns
- Improve sibling relationships
- Create routines and lists that help things run

Getting things done: Improving motivation Techniques for working with dispirited, tired adults

# ADHD at School: Boost Academic and Social Success

Why school is the hardest domain of functioning Classroom interventions that facilitate learning and self-confidence

Parent advocacy vs. interference (and what to do about it)

Create effective parent-school alliances

Strategies for teaching executive functioning skills related to academics

Tools to improve peer relationships Techniques to help kids handle frustration and failure

# **ADHD in Your Office: In-Session Strategies** for Building Trust and Cooperation

Help kids accept their ADHD brains--strengths and challenges

Improve communication skills with peers and adults Strategies to talk about problematic behavior without a shame response

Tools for improving family communication – beyond active listening skills

Navigate setbacks and refusal to participate

# The ADHD Teen: Risky Behaviors and **Special Considerations**

Identify risk factors unique to teens with ADHD Why nicotine, vaping and marijuana are so appealing and how to curb their use

Early and active sexuality: Help teens make healthy, safe choices

Vulnerability to bullying: Generate appropriate clinical, parental and school responses

# **Technology and ADHD**

How today's technology impacts the developing ADHD brain

The effect of social media on distractibility, self-esteem and peer relationships

Tips for fostering safe online practices Gaming: Fun or an addiction?

# **Live Event Speaker**

Sharon Saline, Psy.D., ADHD-CCSP, a licensed clinical psychologist in private practice, is a top expert in how ADHD, learning disabilities and mental health issues affect children, teens and families. Dr. Saline has worked extensively with schools on mental health issues in the classroom, interpreting psychological evaluations and improving teacher/parent communication. She funnels this expertise into her forthcoming book, What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life. Heralded as an invaluable resource, she addresses hot topics and offers effective tools designed to improve communication and reduce conflict. Dr. Saline is a monthly contributor the Dear Parent Teen Coach column for ADDitudemag.com.

As an internationally sought-after lecturer and workshop facilitator known for combining her expertise in psychology with a background in theater, she addresses a variety of topics such as understanding ADHD and executive functioning, making sense of the teen brain and working with different kinds of learners. Dr. Saline is a part-time lecturer in the continuing education program at the Smith School for Social Work and the founder and co-facilitator of "Got kids? Let's talk!" a monthly parenting series in Western Massachusetts. A graduate of Brown University, she received her master's degree in psychology from New College of California and her doctorate in psychology from the California School of Professional Psychology at Alliant University. Sharon lives with her family in Northampton, MA. More information is available at www.drsharonsaline.com, Facebook and Twitter: @DrSharonSaline

Speaker Disclosure:

Financial: Sharon Saline maintains a private practice. She is a lecturer at Smith College School for Social Work. Dr. Saline receives a speaking honorarium from PESI, Inc.

Non-financial: Sharon Saline is a member of the American Psychological Association; the Massachusetts Psychological Association: Children and Adults with ADHD (CHADD): and Attention Deficit Disorder Association (ADDA).

# **BECOME CERTIFIED!**

# **3 Easy Steps to Certification**

- 1. Attend this 2-day ADHD live event (or live video webcast) with Sharon Saline, PsyD., ADHD-CCSP
- 2. Complete **18 FREE hours** of digital content

*Advances in the Management of ADHD:* Evidence-Based Medication and Psychosocial Treatments by Russell Barkley, Ph.D. (3 CE hours) \$69.99 FREE

The Two Attention Disorders: Identifying, Diagnosing and Managing ADHD vs. SCT by Russell Barkley, Ph.D. (3 CE hours) \$69.99 FREE

Smart but Scattered Adults: Manage ADHD by Targeting Executive Skills by Peg Dawson, Ed.D., NCSP (6 CE hours) \$199.99 FREE

ODD, ASD & Mood Disorders: Over 50 Techniques for Children and Adolescents by Jennifer Wilke-Deaton, MA, LPA, ADHD-CCSP (6 CE hours) \$199.99 FREE

3. Apply for ADHD-CCSP certification with The Institute of Certified ADHD Professionals (www.adhdcert.com). Use Promo code "ADHD0319P" for \$100 off the application fee (expires July 31, 2019).





# Live Seminar Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion i in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credi will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or

Materials that are included in this course may include interventions and modalities that are rond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker,

COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

ILLINOIS COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulation Please contact your licensing board to determine if they accept programs or providers pproved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 12.5 clock hours in length.

ILLINOIS EDUCATORS: 12.5 ISBE Professional Development (PD) Clock Hours will be made available through Quincy University. Those requesting ISBE Professional Development Clock Hours will be required to complete and return the ISBE "Evaluation for Workshop" form to be only) if you have not already paid with and in addition to your registration fee.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulation You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements

ILLINOIS MARRIAGE & FAMILY THERAPISTS: PESI, Inc. has been approved as a provider of continuing education by the State of Illinois, Department of Professional Regulation. Provider #: 168-000156. Full attendance at this course qualifies for 12.5 credits.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESL Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 12.6 contact hours. PARTIAL CONTACT HOUF

WILL BE AWARDED FOR PARTIAL ATTENDANCE

7:30

8:00

4:00

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI Inc. is an AOTA Approved Provider of

continuing education, Provider #: 3322, Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products,

**Live Course & Webcast Schedule** 

(Both Days) (Times Listed in Central)

**11:50-1:00** Lunch (on your own)

A more detailed schedule is available upon request.

Program begins

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

Program ends

Live Webcast Details and Live Webcast Continuing Education Credit Information

do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/69529

Registration/Morning Coffee & Tea

Join us on April 29 & 30, 2019, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast

at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the

speaker. See and hear the speaker, ask guestions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar

materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test

### education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico. lennsylvania and South Carolina. Certificates of attendance will be issued for you to submit

to your state licensing board to recognize for continuing education credit. Full attendance is

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity

required; no partial credits will be offered for partial attendance.

PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school sychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 12.5 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance



Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities and audiology. See course information for number of ASHA CEUs, instructional level and content

area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for ocial work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) ogram. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27 2017 - January 27 2020 Social workers should contact their regulatory board to determi course approval for continuing education credits. Social workers participating in this course will receive 12.5 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social works who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance

ILLINOIS SOCIAL WORKERS: PESI, Inc is an approved provider with the State of Illinois, Department of Professional Regulation, License #: 159-000154, Full attendance at this course

OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as quired by many national, state and local licensing boards and professional organizations ave your course outline and certificate of completion, and contact your own board or organization for specific requirements

Questions? Call customer service at 800-844-8260

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# Broadcast LIVE to your computer! April 29 & 30, 2019

LIVE VIDEO WEBCAST

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### evaluation. Additional certificates are available for \$79.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards **ADA NEEDS**

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

### WALK-INS

**FAX** 

MAIL

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

- FREE Military Tuition: PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advance registration phone required
- \$60 Tuition: If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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### QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

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April 29 & 30, 2019

(847) 605-9222

### How to Register: 2-DAY: ADHD CERTIFICATION COURSE Please complete entire form (to notify you of seminar changes): please print; staple duplicate forms pesi.com/express/69494 Mail Code: See mail code box on address panel on reverse side 800-844-8260 Employer Name Please have credit card available Employer Address\_

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\*Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

County

2 Check seminar(s): (make copy for your records)	3 Check on-site tuition: (includes manual)		
SCHAUMBURG, IL	\$399.99 per person postmarked 3 weeks prior to ev or per person for 2 or more preregistering together		
DoubleTree Hotel 800 National Parkway • 60173	☐ <b>\$439.99</b> standard tuition per person		
(847) 605-0222	<b>\$20.00</b> IL ISBE Certificate Processing Fee		

	For more information on this fee contact cepesi@pesi.com
WE	RCAST with downloadable cominar manual

\$389.99 registration (both days) (+ tax in HI, MN, NM, PA, WI)
= \$305.55 registration (both days) (+ tax iii iii, iiii, iiii, i iii, i iii, iii)

**\$20.00** IL ISBE Certificate Processing Fee For more information on this fee contact cepesi@pesi.com

# DIGITAL CONTENT (INCLUDED WITH SEMINAR TUITION)

- 569.99 **FREE** Advances in the Management of ADHD: Evidence-Based Medication and Psychosocial Treatments by Russell Barkley, Ph.D.
- \$69.99 FREE The Two Attention Disorders. Identifying, Diagnosing and Managing ADHD vs. SCT by Russell Barkley, Ph.D.
- \$199.99 FREE Smart but Scattered Adults: Manage ADHD by Targeting Executive Skills by Peg Dawson, Ed.D., NCSP
- \$199.99 FREE ODD, ASD & Mood Disorders: Over 50 Techniques for Children and Adolescents by Jennifer Wilke-Deaton, MA, LPA, ADHD-CCSP

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PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advance egistration by phone required.

**Target Audience:** 

Marriage and Family Therapists

Speech-Language Pathologists

Professionals Who Work with Children

Counselors • Social Workers • Psychologists