OUTLINE

MEDS 101

Case study

Reasons to be knowledgeable about psychiatric medications

Lessons from other disciplines

Pharmacy

Nursing

Ethics guidelines

The common questions clients have about their medications

Handling differences of opinion between yourself and a prescribing professional

GENERAL OVERVIEW OF THE NERVOUS SYSTEM

Organization of the nervous system

Structure of the neuron Communication between neurons

How medicines interact with the nervous

DEPRESSION MEDICATIONS

Neurobiology SSRIs and SNRIs

Mechanism of action

Benefits and adverse reactions

Medications in these categories Case study

ANXIETY DISORDER MEDICATIONS

DSM-5® anxiety categories

Deconstructionist approach taken by

prescribers Neurobiology

SSRIs and Benzodiazepines

Mechanism of action

Benefits and adverse reactions

Medications in these categories

Case study

BIPOLAR MEDICATIONS

antipsychotics

Mechanism of action

Medications in these categories

ADHD MEDICATIONS

Neurobiology

Methylphenidate and amphetamine

Mechanism of action

Benefits and adverse reactions

ANTIPSYCHOTIC MEDICATIONS

Neurobiology

1st and 2nd generation

Mechanism of action

Benefits and adverse reactions

Medications in these categories

Case study

INSOMNIA MEDICATIONS

Causes and treatments for insomnia

Benefits and adverse reactions

Case study

LIMITATIONS OF THE RESEARCH &

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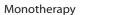
Objectives _

- 1. Discuss the proper role of mental health professionals who treat clients receiving both psychotherapeutic medications and psychotherapy.
- 2. Explore specific ethical issues and resolutions related to communicating with clients and prescribing professionals about psychotropic medications.
- 3. Explain the neurotransmitter systems and neuroanatomy underlying the biological basis for mental disorders and pharmacotherapy.
- 4. Identify the major classes of drugs used to treat mental disorders and which mental disorders are appropriately treated with each class of drugs.
- 5. Describe adverse effects and drug reactions of the commonly prescribed psychotropic medications and when to alert the prescriber about them.
- 6. Analyze the role that half-life plays in the efficacy of insomnia medications prescribed for clients and how it may affect behavioral interventions.



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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Scott Simpson at ssimpson@pesi.com or call 715-855-5263.



Lithium, anticonvulsants, and 2nd generation

Benefits and adverse reactions

Case study

Delivery systems

Medications in these categories

Case study

Psychosis symptoms

Antipsychotics

Medications for insomnia

Half-life

POTENTIAL RISKS

PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

ROANOKE, VA

RICHMOND, VA

Wednesday, May 1, 2019 Thursday, May 2, 2019 NORFOLK, VA Friday, May 3, 2019

PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

Featuring **Dr. Kenneth Carter,** board certified clinical psychologist and professor of Psychology at Oxford College of Emory University

- Why (and what) you should know about psychopharmacology
- Questions you can expect from clients and prescribers, and how to answer them
- Latest ethical guidelines from APA, NASW, ACA and others
- Latest information and newest medications for depression, anxiety, bipolar, ADHD, psychosis and insomnia

ROANOKE, VA

Wednesday, May 1, 2019

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Thursday, May 2, 2019

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Friday, May 3, 2019

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PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

Dr. Kenneth Carter, a board certified clinical psychologist with a Master's degree in clinical psychopharmacology, shares his clinical experience and training to provide detailed information about the range of common medications prescribed for mental health conditions. You will get the latest information on antidepressants, anxiolytics, and common medications for insomnia and Attention deficit/Hyperactivity Disorder among others. Through lecture, the examination of multi-disciplinary ethics codes and real case examples, you will take a close look at the ethical decisions that accompany medication use and the non-prescribers role and limits with regards to medication discussions with your patients.

Dr. Carter answers questions from providers in the field and walks through examples of practical clinical discussions that come up every day in practice, including how to discuss scope of practice with your patients in order to optimize their care when working with multiple providers. The goal is for you to leave better prepared to communicate with your clients as well as the prescribers, as Dr. Carter instructs you on how the medications work, their benefits, and the side effects and dangerous reactions associated with them.

SPEAKER

Kenneth Carter, PhD, ABPP, is a board-certified clinical psychologist and professor of psychology at Oxford College of Emory University in Atlanta, Georgia. Dr. Carter received his M.A. and PhD in clinical psychology from the University of Michigan in Ann Arbor and a postdoctoral master's degree in clinical psychopharmacology from Fairleigh Dickerson University. Dr Carter has taught clinical psychopharmacology classes at Emory University since 2005 and has presented highly rated psychopharmacology workshops to clinicians throughout the United States since 2010. Dr. Carter has served as a senior assistant research scientist in the Epidemic Intelligence Service of the Centers for Disease Control and Prevention. He has been a psychotherapist and researcher for more than 20 years, during which time he has garnered awards from the National Institutes of Health, the National Heart, Lung and Blood Institute, and the University of Michigan. Dr. Carter has presented at numerous conferences and written several books and articles on introductory psychology, neuropsychology and psychopharmacology.

Speaker Disclosures:

Financial: Kenneth Carter is a professor at Oxford College of Emory University. He receives a speaking honorarium from PESI, Inc.

Non-financial: Kenneth Carter is a member of the American Psychological Association; the Association for Psychological Science; and the American Board of Professional Psychology.

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Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards

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Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea **8:00** Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience

Counselors • Social Workers • Psychologists • Psychotherapists-:

Case Managers • Marriage & Family Therapists • Nurses • Nurses Practitioners • Clinical Nurse Specialists • Addiction Counselors Pharmacists • Occupational Therapists • Occupational Therapy Assistants • Other Mental Health & HealthCare Professionals

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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