

Outline

Behaviors that Make Us Crazy

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Disorders

Oppositional Defiant Disorder
ADHD
Mood disorders
Anxiety disorders
Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)
Escape
Attention
Sensory
Pain
Control

Mental Health Disorder or Behavior Problem

The power of skilled observations
The interview
Comparison to the group
The FBA-Incredibly powerful assessment tool
The art of choosing a diagnosis (if you have to at all!)

Limitations of the Research and Potential Risks

Treatment Strategies Part I

Proactive

Behavior plans
Motivational incentives
Set the stage for success
Remember the initial goal
Appropriately address the functions of the behavior

Reactive

Corrective measures
It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following

Behavioral Challenges:

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Treatment Strategies Part III

Specific Strategies for the Following

Disorders:

ODD
ADHD
Mood disorders
Anxiety disorders
Working with unsafe behaviors

Treatment Strategies Part IV

Special Populations & Circumstances

Asperger's disorder
Divorce, separation
Abuse and neglect
Parent misbehavior
Foster care

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advanced online registration required.*

Questions?

Call customer service at **800-844-8260**

Target Audience: Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers
School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals that Work with Children

FREE Worksheets

Identifying Anxiety-Igniting Thoughts

By Catherine Pittman, Ph.D. HSPP



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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

EATONTOWN, NJ

Tuesday, June 4, 2019

TOMS RIVER, NJ

Wednesday, June 5, 2019

ATLANTIC CITY, NJ

Thursday, June 6, 2019

EATONTOWN, NJ

Tuesday, June 4, 2019

TOMS RIVER, NJ

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment, and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids




Become
ADHD-CCSP
Certified!
Details Inside

OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger’s, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients’ most challenging behaviors including:

- Tantrums
- Refusing to work/help
- Lack of follow through
- Running out/away
- Yelling/screaming
- Not following directions
- Noncompliance
- Bullying
- Nagging
- Panic/anxiety reactions

You will walk away with immediate strategies for out of control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Jason Mathison is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Objectives

1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
4. Communicate how a skilled observation of behavior informs your treatment approach.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Speaker

Jason Mathison, PsyD, NCSP, ABSNP, is a licensed psychologist and certified school neuropsychologist in Maryland and Virginia who has worked with children and adolescents for over 12 years. He earned his doctorate in school psychology from the Philadelphia College of Osteopathic Medicine, where he published with faculty and served as an adjunct professor before graduating. He maintains adjunct appointments at both Loyola University in Baltimore and the Chicago Professional school of psychology. Dr. Mathison is also the owner and director of Psychoeducational Consultants where he provides neuropsychological testing and conducts workshops on brain-behavior relationships for educational staff, mental health professionals and families. Dr. Mathison spends much of his time providing executive functioning coaching for both clients and their families. In addition to multiple publications on executive functioning, he has served on an expert panel at National Institute of Mental Health (NIMH) on the teenage brain. Dr. Mathison has served as a school psychologist for Prince George’s County Public Schools for 10 years where he works with students and teachers to diagnose and provide interventions to enhance executive functioning and maximize academic success.

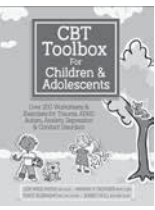
Speaker Disclosures:

Financial: Jason Mathison maintains a private practice. He is an adjunct professor for The Chicago School of Professional Psychology and Loyola University. Dr. Mathison receives a speaking honorarium from PESI, Inc.
Non-financial: Jason Mathison has no relevant non-financial relationship to disclose.




This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).
Visit adhdcert.com for the full certification requirements.

Save by including these products with seminar registration!



CBT Toolbox for Children and Adolescents
Over 200 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders
By Robert Hull, Lisa Phifer, Amanda Crowder, Tracy Elsenraat
The CBT Toolbox for Children and Adolescents gives you the resources to help the children in your life handle their daily obstacles with ease. Written by clinicians and teachers with decades of experience working with kids, these practical and easy-to-use therapy tools are vital to teaching children how to cope with and overcome their deepest struggles. Step-by-step, you'll see how the best strategies from cognitive behavioral therapy are adapted for children.



The Challenging Child Toolbox
75 Mindfulness-Based Practices, Tools and Tips for Therapists
By Mitch R Abblett, Ph.D.
Working with resistant, oppositional, emotionally dysregulated, and angry kids can be exhausting, frustrating and leave clinicians feeling burnt out. Dr. Mitch Abblett has created the remedy-with a new guide that will take you step-by-step through mindfulness-based principles, pointers and best practices to ease your work and dramatically improve the lives of kids and their families.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8226.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

The nation’s top speakers and authors contact us first. If you are interested in becoming a speaker or have a new topic idea, please contact [Marnie Sullivan](mailto:msullivan@pesi.com) at msullivan@pesi.com or call 715-855-8260.

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Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call **800-844-8260** or e-mail us at info@pesi.com.

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____ CD* (audio) \$169.99 (RNA062135)

____ **CBT Toolbox for Children and Adolescents** book* \$34.99 (PUB085120)

____ **The Challenging Child Toolbox** book* \$29.99 (PUB085715)

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