

2-DAY
CERTIFICATE
COURSE

ADHD

in Children and Adolescents

Evidence-Based Interventions to Improve Behavior, Build Self-Esteem and Foster Academic & Social Success

Behavior charts, social skills training, positive reinforcement, behavior contracts, rewards and consequences...you've tried everything to make progress with a child or adolescent diagnosed with ADHD with little persistent success. Gains made in therapy or the classroom seem to be short-lived, leaving you feeling frustrated and ineffective.

You need a new approach – one that gets to the root of the problem to create meaningful change!

Join ADHD expert Dr. Sharon Saline in this intensive 2-day seminar packed with practical tools and techniques you can use immediately with children, adolescents and their families to **improve behavior, gain cooperation and repair relationships**. Using a strength-based, collaborative approach that synthesizes neurobiology, behavior and emotion, you can create effective, powerful interventions for kids and families that go far beyond medication and crisis management.

Your toolbox will be overflowing with concrete, practical strategies that:

- Reduce meltdowns and conflicts at home and school
- Improve kids' personal insight, judgment, impulse control and organization
- Create a family-centered plan that the client will buy into
- Address the shame, stress and anxiety that often accompany ADHD
- Empower parents and other caregivers to be a part of the solution

Don't miss this unique opportunity to transform your perspective and everyday approach with children and adolescents with ADHD!

Sign up today!

Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists
Speech-Language Pathologists • Teachers • School Administrators
Occupational Therapists • Occupational Therapy Assistants • Nurses
Other Helping Professionals Who Work with Children

Speaker

Sharon Saline, Psy.D., a licensed clinical psychologist in private practice, is a top expert in how ADHD, learning disabilities and mental health issues affect children, teens and families. Dr. Saline has worked extensively with schools on mental health issues in the classroom, interpreting psychological evaluations and improving teacher/parent communication. Dr. Saline funnels this expertise into her forthcoming book, *What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life*. Heralded as an invaluable resource, she addresses hot topics and offers effective tools designed to improve communication and reduce conflict. She is also a monthly contributor the *Dear Parent Teen Coach* column for ADDitudemag.com.

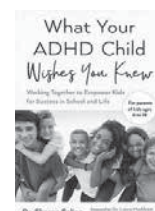
As an internationally sought-after lecturer and workshop facilitator known for combining her expertise in psychology with a background in theater, she addresses a variety of topics such as understanding ADHD and executive functioning, making sense of the teen brain and working with different kinds of learners. Dr. Saline is also a part-time lecturer in the continuing education program at the Smith School for Social Work and the founder and co-facilitator of "Got kids? Let's talk!" a monthly parenting series in Western Massachusetts. A graduate of Brown University, she received her master's degree in psychology from New College of California and her doctorate in psychology from the California School of Professional Psychology at Alliant University. Sharon lives with her family in Northampton, MA. More information is available at www.drsharonsaline.com, Facebook and Twitter: @DrSharonSaline

Speaker Disclosure:

Financial: Sharon Saline maintains a private practice. She is a lecturer at Smith College School for Social Work. Dr. Saline receives a speaking honorarium from PESI, Inc.

Non-financial: Sharon Saline is a member of the American Psychological Association; the Massachusetts Psychological Association; Children and Adults with ADHD (CHADD); and Attention Deficit Disorder Association (ADDA).

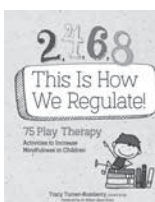
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What Your ADHD Child Wishes You Knew
Working Together to Empower Kids for Success in School and Life

By Sharon Saline, Psy.D. and Laura Markham, Ph.D.

In this insightful and practical book, veteran psychologist Sharon Saline shares the words and inner struggles of children and teens living with ADHD and a blueprint for achieving lasting success by working together. Based on more than 25 years of experience counseling young people and their families, Dr. Saline's advice and real-world examples reveal how parents can shift the dynamic and truly help kids succeed.



2,4,6,8 This Is How We Regulate:
75 Play Therapy Activities to Increase Mindfulness in Children

By Tracy Turner-Bumberry, LPC, RPT-S, CAS

Learning mindfulness strategies can be difficult for children and adolescents, let alone when kids have autism, anxiety, ADHD or other emotional regulation issues. That's why play therapist and counselor, Tracy Turner-Bumberry, LPC, RPT-S, CAS, has created 75 simple, playful and on-point interventions that combines mindfulness, expressive arts and play to help kids achieve greater self-regulation, focus more and stress less.

Don't Miss!
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June 17-18, 2019

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FEATURING

Sharon Saline, Psy.D., ADHD-CCSP

- Go beyond medication and crisis management to elicit meaningful change
- Reduce emotional outbursts, meltdowns and conflict at home and school
- Improve kids' personal insight, judgment, impulse control and organization
- Empower parents and other caregivers to be a part of the solution

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