

Outline

Art Speaks: Therapeutic Practice

- Art Therapy vs. Therapeutic Art-Making
- Art Therapy vs. Therapeutic Art
- Ethical Implications and Scope of Practice
- Know When to Refer
- Process of Creating vs. Outcome

Clinical Applications

Using Art: Principles and Foundations

- Media Selection
- Developmental Stages Manifested in Art Making
- Warning Signs in Artwork
- Positive Perspectives

Strategies for Integrating Art in Practice

Establishing a Sense of Empowerment and Control

- For Trauma, Anxiety & Mood Disorders
- Safe Place Art
- Mandalas
- Stressors vs. Calmers
- Mindful Doodling

Establish Relationship to Self

- For ASD, Trauma, ODD, ADD
- Name Designs
- Me/Not Me/Ideal Me Collage
- Self Object
- Landscape of My Life

Questions?

Call customer service at
800-844-8260

Objectives

1. Apply therapeutic art directives and immediately implement into your therapy practice to help children, teens, adults and families regulate their emotions and behaviors.
2. Analyze the ethical implications and your scope of practice when selecting therapeutic artmaking approaches.
3. Assess the stages of children’s normative development, and warning signs suggesting a possibility for additional clinical support.
4. Implement the use of simple and economic art materials; what to use and when, so you can feel immediately confident using art in your practice.
5. Prepare a plan for introducing art into clinical practice for treatment-resistant and challenging children and families.
6. Playfully practice the creative process via interactive hands-on therapeutic art-making experiences.

Creating Authentic Connections

- For ASD, Mood Disorders, ADD
- Collaborative Drawings
- Mural Making
- Circle of Commonalities
- Group Activities
- Family Art-Making

Self-Esteem and Self-Compassion

- For ADHD, Anxiety & Mood Disorders
- Inside-Out Boxes and Masks
- Aluminum Foil Sculptures
- Positive Puppets
- Empathy Masks
- Worry Dolls

Control to Commitment

- For ADHD, Anxiety & Mood Disorders, Trauma
- Follow Directions Drawing
- Crossroads Doodle
- Resilience Doodle
- Wellness Timeline
- Letters of Appreciation

Research, Limitations and Risks

- Training is distinctly different from the formal study of art therapy
- Introducing art without adequate training
- Art therapy is an evidenced-based treatment

Live Seminar & Webcast Schedule
(Times listed in Eastern)

- 7:30 Registration/Morning Coffee & Tea
- 8:00 Program begins
- 11:50-1:00 Lunch (on your own)
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Don't Miss!
LIVE VIDEO
WEBCAST

WEDNESDAY
July 10, 2019

REGISTER ONLINE
pesi.com/webcast/71702

Bring any training
in-house!



Convenient • Cost-Effective • Customizable

for more information visit
www.pesi.com/inhouse

NON-PROFIT ORG
US POSTAGE PAID
EAU CLAIRE WI
PERMIT NO 32729

PESI, Inc.
P.O. Box 1000
Eau Claire, WI 54702-1000
A division of PESI, Inc.

THERAPEUTIC
ART INTERVENTIONS
FOR CHILDREN AND TEENS

Creative and Mindfulness-Based Techniques for
Trauma, Anxiety, ADHD and More!

Charlottesville, VA

Wednesday, July 10, 2019

Live Video Webcast

Wednesday, July 10, 2019

Richmond, VA

Thursday, July 11, 2019

Norfolk, VA

Friday, July 12, 2019

THERAPEUTIC
ART INTERVENTIONS
FOR CHILDREN AND TEENS

Creative and Mindfulness-Based Techniques
for Trauma, Anxiety, ADHD and More!

Patricia Isis, Ph.D., LMHC, ATR-BC, ATCS
Author of *The Mindful Doodle Book*

Interactive hands-on
art therapy experiences
— all materials provided

Charlottesville, VA

Wednesday, July 10, 2019

Richmond, VA

Thursday, July 11, 2019

Live Video Webcast

Wednesday, July 10, 2019

Norfolk, VA

Friday, July 12, 2019

Register now! pesi.com/express/71447



A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Register now! pesi.com/express/71447

Therapeutic Art Interventions for Children and Teens

Do you have clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know, the ones who repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others. Do they leave you feeling stagnant and burnt out in your practice? Do you work with challenging children, teens and families who seem absolutely resistant to every intervention you offer?

Let Dr. Patricia Isis, international presenter, author, certified mindful self-compassion teacher and board certified registered art therapist, help you! Attend this seminar and learn innovative interventions that are guaranteed to help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

No art experience is necessary, just an openness to try something creative.

Speaker

Dr. Patricia Isis, holds a Ph.D. in the expressive therapies with an emphasis on art therapy and is a Licensed Mental Health Counselor, Board Certified and Registered Art Therapist and certified mindful self-compassion teacher. She provides art therapy services in the public schools and maintains a private practice. Dr. Isis is the author of *The Mindful Doodle Book: 75 Creative Exercises to Help you Stay in the Moment*, which will teach you how to utilize mindful doodling as a clinical tool for multiple populations, approaches and settings.

She is the founding president of the Florida Art Therapy Association. In addition, Dr. Isis served as secretary on the Art Therapy Credential Board and later as a director on the board of the American Art Therapy Association. Furthermore, Dr. Isis is on the nominating committee for the Art Therapy Credentials Board and maintains active membership in the American Art Therapy Association, American Counseling Association, The Society for Group Psychotherapy and Psychodrama, and the Association for Death Education and Counseling. Dr. Isis is a popular presenter internationally, nationally, and locally.

Dr. Isis also facilitates mindfulness-based stress reduction (MBSR), mindful self-compassion (MSC) classes, and mindfulness trainings. She received training in MBSR with Jon Kabat-Zinn and Saki Santorelli in June of 2000.

Speaker Disclosures:

Financial: Patricia Isis is in private practice. She receives a speaking honorarium from PESI, Inc.
Non-financial: Patricia Isis has no relevant non-financial relationship to disclose.

Target Audience

Counselors • Social Workers • Psychologists • Case Managers • Psychiatrists • Marriage and Family Therapists
School Counselors • School Psychologists • Educators • Occupational Therapists and Occupational Therapy Assistants
Speech-Language Pathologists and Creative Arts Therapists



Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Meg Mickelson Graf at mgraf@pesi.com or call 715-855-8199.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advanced online registration required.**

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



The Mindful Doodle Book
75 Creative Exercises to Help You Live in the Moment

By Patricia Isis, PhD., LMHC, ATR-BC, ATCS - **Your Presenter!**

Reduce Anxiety. Express Emotions. Be More Present.

The Mindful Doodle Book: 75 Creative Exercises to Help You Live In the Moment combines the benefits of mindfulness and the intuitive expression of doodling to help you relax, find focus, and creatively express emotions through spontaneous artmaking.



250 Brief, Creative & Practical Art Therapy Techniques
A Guide for Clinicians and Clients

By Susan I Buchalter, Art-BC, CGP, LPC

These unique 250 art exercises increase self-esteem, self-awareness and a feeling of success in artistic expression and communication, allowing clients to engage in therapeutic exercises without judgment. Using simple materials like paper, pencils and markers, these techniques can be immediately implemented in your practice.

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

VIRGINIA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PSYCHOLOGISTS: The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PHYSICIANS: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.


PESI, Inc. designates this enduring material for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on July 10, 2019, for this live, interactive webcast!

Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/71702

PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



APPROVED PROVIDER
ASHA
CONTINUING
EDUCATION
AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists & Audiologists must complete the post-test and evaluation within two weeks of attending the live webcast if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

SPEECH-LANGUAGE PATHOLOGISTS ONLY: To be reported to ASHA, while completing the online post-test/evaluation, please answer YES to the question: "Are you a Speech-Language Pathologists and/or Audiologist requesting to have your CEUs reported to the ASHA CE Registry?" and include your ASHA number. After completing and passing the online post-test/evaluation, your information will automatically be sent to cepesi@pesi.com to be reported. If you forget to answer yes, please send an email to cepesi@pesi.com with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number.

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for the course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits for completing this course. Course Level: Intermediate. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

How to Register:

THERAPEUTIC ART INTERVENTIONS FOR CHILDREN AND TEENS: CREATIVE AND MINDFULNESS-BASED TECHNIQUES FOR TRAUMA, ANXIETY, ADHD AND MORE!

ONLINE

pesi.com/express/71447

PHONE

800-844-8260

Please have credit card available

FAX

800-554-9775

MAIL

PESI, Inc.
PO BOX 1000
Eau Claire, WI
54702-1000

2 Check location: (make copy of locations)

☐ **CHARLOTTESVILLE, VA
July 10, 2019**

71447CHV

DoubleTree Hotel Charlottesville
990 Hilton Heights Road • 22901
(434) 973-2121

☐ **LIVE VIDEO WEBCAST
July 10, 2019**

PLW71447

Broadcast LIVE to your computer!

☐ **RICHMOND, VA
July 11, 2019**

71447RIC

Delta Hotels by Marriott, Richmond Downtown
555 East Canal Street • 23219
(804) 788-0900

☐ **NORFOLK, VA
July 12, 2019**

71447NOR

Sheraton Norfolk Waterside Hotel
777 Waterside Drive • 23510
(757) 622-6664

Register now!

pesi.com/express/71447

PLEASE RETURN ENTIRE REGISTRATION FORM

ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advanced online registration required.**
- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- Groups of 5 or more:** Call 800-844-8260 for discounts.
- Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. **Advance registration required.** *Cannot be combined with other discounts.*



FOR OFFICE USE ONLY
Fed ID # 26-3896894
© 2019 PESI, Inc.

3 Check tuition:

ON-SITE TUITION with seminar manual

\$199.99 – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
- ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$229.99** standard

ADD-ON PRODUCTS

Distributed at seminar—FREE SHIPPING!

- ☐ **\$19.99* The Mindful Doodle Book**
- ☐ **\$29.99* 250 Brief, Creative & Practical Art Therapy Techniques** book

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

WEBCAST with downloadable seminar manual

☐ **\$199.99** registration (+ tax in HI, MN, NM, PA, WI)

☐ **\$20.00** IL ISBE Certificate Processing Fee
For more information on this fee contact cepesi@pesi.com

4 Indicate method of payment:

ALL REGISTRATIONS MUST BE PREPAID.
Purchase orders welcome (attach copy).

☐ Check enclosed payable to **PESI, Inc.**

☐ MC ☐ VISA ☐ AE ☐ Discover Novus
16 digits 13-16 digits 15 digits 16 digits

Card # _____

Card Exp. _____ V-Code #*: _____

Signature _____

(*MC/VISA/Discover: last 3-digit # on signature panel on back of card.)
(*American Express: 4-digit # above account # on face of card.)

CAN'T ATTEND THE SEMINAR?
See below for individual product orders

Therapeutic Art Interventions for Children and Teens

____ Seminar on DVD* (video) \$199.99 (RNV053330)
____ Seminar on CD* (audio) \$169.99 (RNA053330)

____ **The Mindful Doodle Book*** \$19.99 (PUB086000)

____ **250 Brief, Creative & Practical Art Therapy Techniques** book* \$29.99 (PUB085195)

CE hours and approvals on products may differ from live CE approvals.

*Shipping is \$6.95 first item
+ \$2.00 each add'l item.

**Residents add applicable state and local taxes except in AK, DE, MT, NH, OR

Product total \$ _____
*Shipping _____
Subtotal _____
**Tax _____
TOTAL _____