## **Outline**

## HOT TOPICS AND INNOVATIONS IN STROKE REHABILITATION

 How patients with Pusher Syndrome can benefit from cutting edge research

## LAB

## UPGRADE YOUR CLINICAL REASONING AND ASSESSMENT SKILLS

Get to the root causes of pushing faster with better evaluation techniques for:

- Severity of pushing
- Lack of muscle activation
- Poor motor control
- Poor motor control
- Weight-shifting resistance
- Movement dysfunction
- Midline deficits and alignment faults
- Limited attention/awareness
- Visual/spatial neglect
- Cognitive deficits
- Vestibular dysfunction
- · Deficits in ADLs, gait, sitting and standing

## LAB

## REVOLUTIONIZE YOUR STROKE REHAB TOOLBOX FOR PATIENTS WHO PUSH

Practice effective techniques you can use immediately to:

- Treat key impairments that are limiting progression in functional tasks
- · Build endurance
- Improve awareness to midline
- Increase postural and trunk control
- Maximize symmetry
- Treat underlying motor control deficits
- Enhance functional mobility

## LAB

COMBINE MULTIPLE
APPROACHES MORE EFFECTIVELY
FOR BETTER OUTCOMES

Practice integrating:

- Safe transfer strategies
- Postural reeducation
- Core stabilizationJoint mobilization
- Dynamic movement layering
- Balance and gait training

  Table and gait training
- Task-oriented approaches
- Functional exercise
- Strength, flexibility, and endurance trainingSensory input

Assistive devices

## LAB

DESIGN ADVANCED, INNOVATIVE PLANS OF CARE FOR YOUR PATIENTS

Practice developing effective treatment strategies for:

- Contraversive pushing
- Postural control deficits
- Midline difficulties
- Trunk malalignments
- Retropulsion
- Gait dysfunction
- Abnormal toneMovement limitations

## LAB

SAFEGUARD YOUR PATIENT
-- AND YOURSELF -- FROM INJURY

Practice effective strategies to:

- Safely position and transfer with ease
- Use the patient's environment to your advantage

## CASE STUDIES

## PUT KNOWLEDGE TO PRACTICE

Topics include:

- Correctly select the root cause of impairment
- Classify level of severity and identify appropriate treatment progression
- Determine when to focus on recovery vs compensation
- Treat key impairments that are limiting progression in functional tasks
- Mimic functional demands when activating muscles
- Overcome barriers to effective strategy implementation

## DON'T LEAVE MONEY ON THE TABLE

- Justify therapy with the right progress measures
- Avoid denials and audits with these tips

## **Questions?**

Call customer service at

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## Target Audience

Physical Therapists • Physical Therapist Assistants • Occupational Therapists Occupational Therapy Assistants • Exercise Physiologists • Nurses Nurse Practitioners

## Live Seminar Schedule

**7:30** Networking/Registration/Morning Coffee & Tea **8:00** Program begins

**11:50 - 1:00** Lunch *(on your own)* **4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.

## What to Bring/Wear

- · Lab-appropriate clothing
- Piece of resistance band (light to moderate resistance, 2+ feet long)
- · Hand or bath towel
- Exercise mat



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# How to Successfully Treat Stroke Patients with Pusher Syndrome

The Ultimate Guide to Safer, More Predictable Recovery

## Stroke Patients with

## Pusher Syndrome

The Ultimate Guide to Safer, More Predictable Recovery

Build authentic professional connections - <u>FREE</u> networking event included!

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- Master effective treatments for pusher syndrome, postural instability, gait dysfunction, and more
- Become the go-to resource for pushers in your facility

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## How to Successfully Treat Stroke Patients with **Pusher Syndrome**

Do You Struggle with Stroke Patients Who Push?

- Afraid of hurting patients (or yourself)?
- Wondering where to start?
- Not sure what to do next?

- Patients aren't getting better?
- Unsure how to document progress?
- Beginning to doubt your skills?

Treating patients with Pusher Syndrome can be scary, frustrating, and physically demanding -- but it doesn't

Created by one of the most trusted names in stroke rehabilitation, How to Successfully Treat Stroke Patients with Pusher Syndrome will teach you safe, effective strategies for progressing patients you might have given up on in

And the results are incredible. Clinicians have seen countless patients -- from sedentary retirees to fit and active baby boomers -- return to their bucket lists, rediscover the joys of living independently, and resume playing with their grandkids, using the interventions you'll learn in this program.

Join Dr. Michelle Green as she shares a proven framework for rehabilitation that combines today's best practices with over 20 years of experience guiding patients with Pusher Syndrome to recovery.

If you're chasing symptoms without getting to the "why" of your patients' impairment, you're losing time, money, and referrals. This course is your path to delivering results for your patients.

Sign up today, make yourself the go-to resource for pushers in your facility, and feel the satisfaction of giving patients back the independence they lost and activities they love.

## Speaker

MICHELLE GREEN, PT, DPT, C-NDT, NCS, is an expert in stroke rehabilitation, with over 20 years of experience helping countless patients recover from neurological conditions. Her background in NDT, Pilates, and yoga has influenced her assessment and treatment approach, providing her with enhanced insight into movement assessment and guided movement re-education.

Dr. Green travels nationally to present seminars on stroke rehabilitation, and she is known for her dynamic, hands-on teaching style. She earned her Doctorate in Physical Therapy from University of North Carolina Chapel Hill, and she teaches as an assistant professor in the DPT program at Campbell University. Her additional interests include education and learning, impairment-based treatment across the lifespan, and application of mind-body practices for improving mental and physical health.

Financial: Michelle Green is an assistant professor at Campbell University She receives a speaking honorarium from PESI, Inc. Non-financial: Michelle Green is a member of the American Physical Therapy Association; and the North Carolina Physical Therapy Association.

## **Objectives**

- 1. Discuss the latest advances in stroke rehabilitation and their implications for rehab.
- 2. Demonstrate a comprehensive assessment, identifying and differentiating root causes of Pusher Syndrome.
- 3. Integrate the most effective interventions available for targeting key impairments that cause pushing behavior.
- 4. Combine multiple approaches for better outcomes, including postural re-education, core stabilization, movement layering, sensory input, exercise, taping and more.
- 5. Design effective, innovative plans of care for mild, moderate, and severe pushing behavior.
- 6. Apply the assessments and interventions discussed in this seminar to a series of interactive case scenarios.

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## Improving Functional Outcomes in Physical Rehabilitation, 2nd Edition By Susan B. O'Sullivam, PT, EdD and Thomas J. Schmitz, PT, PhD

Achieve the best functional outcomes for your patients. Here is a practical, step-bystep guide to understanding the treatment process and selecting the most appropriate intervention for your patient. Superbly illustrated, in-depth coverage shows you how to identify functional deficits, determine what treatments are appropriate, and then to implement them to achieve the best functional outcome for your patients.



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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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CALIFORNIA PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: PESI, Inc. is recognized by the Physical Therapy Board of California as an approval agency to approve providers. This lecture qualifies for 6.25 continuing competency hours.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

## **How to Register**

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