

# Pediatric Complex Feeding Issues

## 2-DAY INTENSIVE TRAINING

Children do not present with one area of difficulty when it comes to feeding — it is typically a mix of behavior, sensory and oral motor issues. As a result, we need to learn how to adjust on the fly when a child throws us a curve ball in session that doesn't fit with our treatment plan.

In this 2-day intensive training, I will show you how to use a roadmap to navigate the muddy waters of feeding and learn how to seamlessly move between sensory, motor and behavior strategies to create the best individualized treatment plan for each child.

Through video case examples, I will show you treatment strategies, and hands-on exercises to gain the knowledge needed to successfully treat feeding difficulties.

You'll walk away with advanced techniques to:

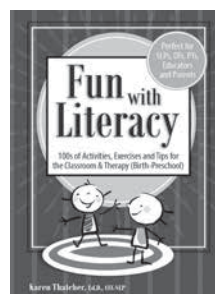
- Evaluate the causes of mealtime difficulties: behavior, sensory, oral motor, or a combination
- Increase the range of foods, decrease rigidity around mealtimes
- Increase jaw strength and decrease ineffective lip closure, or poor tongue lateralization
- Use deep breathing and proprioceptive input to address self-regulation at the table
- Educate parents and caregivers to promote carryover at home
- Increase self-regulation around feeding
- Increase food play and exploration to increase food acceptance

Don't miss out! Come join me to learn how to put all the pieces together for children with complex feeding issues.

**This was a much needed course. I am better informed. I understand the differences in how the medical and the clinical community is addressing feeding issues and topics relevant to feeding issues. I can make a direct impact as well as disseminate more accurate information to staff and caregivers. Thank you.**

—Joy H., OT

**\*SAVE by including these products with your seminar registration!**

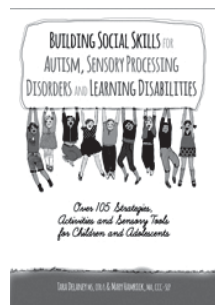


### Fun with Literacy:

*100s of Activities, Exercises and Tips for The Classroom & Therapy (Birth-Preschool)*

By Karen Thatcher, EdD, CCC-SLP

This incredible resource makes adapting therapy to include literacy simple, fun and inexpensive. Whether you're an **OT, SLP, PT, educator** or **parent**, *Fun with Literacy* gives you hundreds of multi-disciplinary activities to improve literacy skills in children ages birth to preschool.



### Building Social Skills for Autism, Sensory Processing Disorders and Learning Disabilities:

*Over 105 Strategies, Activities and Sensory Tools for Children and Adolescents*

By Tara Delaney MS, OTR/L & Mary C. Hamrick, MA, CCC-SLP

A revolutionary workbook to help professionals use the sensory system to teach complex social skills – build self-awareness and increase executive functioning. Includes dozens of reproducible skills, group and therapy sessions, worksheets and activities. A must have tool for professionals, teachers and parents.

### Live Webcast Details and Live Webcast Continuing Education Credit Information

**Join us on October 17 & 18, 2019, for this live, interactive webcast!** Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$79.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesirehab.com/webcast/73029](http://www.pesirehab.com/webcast/73029)

★ **Satisfaction 100% Guaranteed** ★

### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

**Questions?** Call customer service at **800-844-8260**

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# Pediatric Complex Feeding Issues

## 2-DAY INTENSIVE TRAINING

**Sacramento, CA**  
Tuesday-Wednesday  
October 15-16, 2019

**Oakland, CA**  
Thursday-Friday  
October 17-18, 2019

**Live Video Webcast**  
Thursday-Friday  
October 17-18, 2019



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**Seamlessly move between  
sensory, motor and behavior  
strategies to create the  
best individualized treatment  
plan for each child!**



# Outline

## The Complexities of Feeding

Definition and prevalence – new information; move toward Pediatric Feeding Disorder

Overlap of sensory processing skills, oral motor skills and behaviors

Normal developmental key points

Neurological foundations

Trauma, feeding and impact on brain

NICU and medical trauma, NG Tubes, trachotmesty, etc

Negative experience around feeding gagging, retching, pain with eating...

## Evaluation of Feeding Skills

Differentiate between sensory overload and behaviors during feeding

Activity analysis of feeding – *Evaluation videos and group analysis*

Information obtained - what questions to ask

Oral motor evaluation - jaw, lips, tongue strength; range of motion for feeding

*Hands-on draw to learn lab*

## Sensory Integration Strategies

Research-backed sensory play-based approach

Decrease sensory over-responsivity to foods

Use food exploration/cooking for older kids

Self-regulation to engage body during feeding

Core engagement

Breathing exercises

Therapeutic use of music

Heavy work

## Oral Motor Skills

*Lab — Oral motor exercises, kinesiotaping, stretching*

Children who don't swallow safely – saliva management, increase swallowing...

## Food in Therapy

*Taste Lab — Sensory feedback and motor requirement needed for each food texture*

Progression of food texture

Match food presented in therapy to child's sensory needs and motor skills

Nutritional considerations

## Behaviors During Mealtimes

*Environmental strategies to set children up for success*

Manage common mealtime behaviors - throwing foods, not sitting, crying during mealtimes

Increase cooperation using the "just right challenge"

Shift between treatment frameworks

How to use the "feeding roadmap"

## Special Considerations

Autism

Cerebral Palsy

Down Syndrome

Children who don't eat by mouth/G-Tube

Medically complex children

## Promote Carry-Over At Home

Educate parents who are stressed and in survival mode

Help families have realistic expectations

Easy-to-implement home programs that parents will do

Help parents to change the relationship between child and food

### Live Training & Webcast Schedule (both days): (Times Listed in Pacific)

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

# Objectives

1. Articulate the complexities of feeding and the sensory, behavioral and motor factors that play a role in a child's ability to eat.
2. Explore the neurological basis for how and why many feeding aversions develop and continue.
3. Connect the misconceptions about feeding and the implications on a child's feeding experience.
4. Differentiate between sensory overload and behaviors to effectively apply treatment strategies.
5. Describe which muscles are needed for chewing and swallowing to better identify when dysfunction in the muscle is occurring.
6. Implement play approaches to increase types of foods.
7. Use various behavior and sensory techniques to increase regulation at the table.
8. Implement oral motor exercises and strategies to promote feeding patterns such as rotary chewing pattern, lip closure, and tongue lateralization.
9. Explore the progression of food texture and choice foods that match the sensory and motor skills.
10. Demonstrate the use of behavior strategies effectively to increase compliance during therapy.
11. Explore unique challenges with various diagnoses such as autism, cerebral palsy and more to modify treatment accordingly.
12. Support and guide the parents, caregivers, and other family members through often emotional or stressful mealtimes.

# Speaker

**Jessica Hunt, OTR/L**, is well-known for her experience in treating pediatric feeding and sensory processing disorders in both the home and clinical settings. She serves children by bringing her expertise directly into the home setting through her company J.L. Hunt Therapeutics. Previously Ms. Hunt worked for 10 years at Kaufman Children's Center as the director of the occupational therapy and sensory integrations programs and then as the director of the feeding and oral motor programs. She is certified in sensory integration, receiving her Sensory Integration and Praxis Test (SIPT) certification in 2008, and she had studied with Lucy Jane Miller, PhD, OTR, who is nationally recognized for sensory research, education, and treatment. Ms. Hunt received her bachelor's degree in occupational therapy from Wayne State University in 2003. She gained expertise in "picky eating," oral-motor therapy through trainings that include the Beckman Protocol and Talk Tools, behavior issues with feeding, feeding strategies for children who have autism, and treating medically challenging children. She is also trained in craniofacial therapy, and received advanced training in Therapeutic Listening, Integrated Listening System, and Handwriting without Tears.

Speaker Disclosures:

Financial: Jessica Hunt maintains a private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: Jessica Hunt has no relevant non-financial relationship to disclose.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

### Valuable Seminar For Professional

Occupational Therapists • Occupational Therapist Assistants • Speech-Language Pathologists  
Physical Therapists • Nurses • Special Educators • Other Behavioral Health Professionals

**Jessica Hunt is a natural, well-spoken presenter. Her command of the content is evident. Practicing clinicians make the best presenters! Her videos enhanced the presentation.**

**Very well done. Thank you!**

**—Lisa M, SLP**

## Live Training Continuing Education Information

*Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.*

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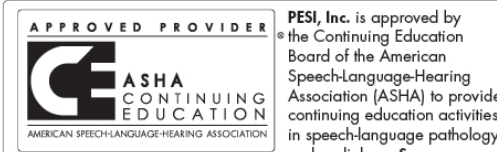
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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

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### TUITION OPTIONS

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• **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: [www.pesirehab.com/coord](http://www.pesirehab.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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**Advance registration required.**

*Cannot be combined with other discounts.*



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