

Outline

HOW RECENT CHANGES ARE RESHAPING MYOFASCIAL RELEASE

- Hot topics and innovations in myofascial release
- What myofascial release will look like in 1, 5, and 10 years
 - A look ahead at neuromyofascial manipulation

HANDS-ON LAB IMPROVE YOUR ASSESSMENT AND CLINICAL REASONING SKILLS

Get to the root causes of impairments faster with better evaluation techniques for:

- Pain
- Fascial and joint restrictions
- Muscle tightness, weakness and instability
- Neural tension
- Movement dysfunction

HANDS-ON LAB EXPAND YOUR MYOFASCIAL RELEASE TOOLBOX

Practice effective MFR techniques you can use immediately to:

- Eliminate pain
- Restore functional and athletic performance
- Decompress entrapped nerves
- Increase range of motion
- Recover mobility and flexibility
- Improve tissue glide
- Loosen tight muscles
- Mobilize scar tissue

HANDS-ON LAB INTEGRATE MULTIPLE MODALITIES FOR BETTER RESULTS

Practice combining myofascial release with:

- Taping
- IASTM
- Exercise
- Self-care

HANDS-ON LAB DESIGN ROBUST, INNOVATIVE PLANS OF CARE FOR YOUR PATIENTS

Practice comprehensive treatment strategies for specific impairments, including:

- Neck and back pain
- SI joint and pelvic dysfunction
- Shoulder impingement
- Postural deviations
- Knee and foot problems
- Headaches
- C-section scarring
- Nerve entrapments
 - Sciatica
 - Thoracic outlet syndrome
 - Carpal tunnel syndrome

HANDS-ON LAB TAKE YOUR SKILLS TO THE NEXT LEVEL

Master advanced neuromyofascial manipulation techniques:

- Palpatory assessment utilizing proprioception
- Tissue mobility, motility and glide
- Traction and compression
- Skin rolling and rebounding
- Neuromyofascial manipulation grades I-V
- Direct and indirect techniques

SAVE YOUR HANDS!

- Ergonomic tips and techniques for practitioner self-care

CASE STUDIES PUT KNOWLEDGE TO PRACTICE

- Case study 1: MFR for the trunk
- Case study 2: MFR for the upper extremity
- Case study 3: MFR for the lower extremity

DON'T LEAVE MONEY ON THE TABLE!

- Coding and billing updates for myofascial release
- Justify therapy with the right progress measures
- Avoid denials and audits with these tips

Seminar on DVD Package: You can purchase a self-study package on the subject. You will receive a set of DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesirehab.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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Build authentic professional connections -
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- Master effective myofascial treatments you can use immediately
- Root out problems faster with new evaluation methods
- Explore hot topics and innovations in myofascial release
- Take your skills to the next level with advanced neuromyofascial manipulation
- Design robust, innovative plans of care for specific impairments

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