

Outline

Hot topics and innovations in spinal rehabilitation

How your patients can benefit from cutting edge research

HANDS-ON LAB UPGRADE YOUR ASSESSMENT AND CLINICAL REASONING SKILLS

Get to the root causes of impairments faster with better evaluation techniques for:

- Pain
- Risk of fracture
- Fall risk
- Spinal deformity
- Movement dysfunction
- Age-related degeneration
- Fascial and joint restrictions
- Bone health
- Muscle weakness
- Balance, stability and mobility

HANDS-ON LAB EXPAND YOUR SPINAL REHABILITATION TOOLBOX

Practice effective techniques you can use immediately to:

- Eliminate pain
- Enhance posture
- Improve bone density and bone health
- Prevent fractures
- Manage scoliosis and stop deformation
- Improve function after surgery
- Restore mobility safely after fractures

HANDS-ON LAB COMBINE TECHNIQUES MORE EFFECTIVELY FOR BETTER OUTCOMES

Practice integrating:

- Preventative treatments
- Bracing
- Gait and balance training
- Core stability exercises
- Fall prevention
- Functional strength training
- Flexibility exercises
- Postural re-education
- Post-surgical interventions
- Home safety modifications

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesirehab.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Orion Tarpley at otarpley@pesi.com or 715-855-5262.

HANDS-ON LAB DESIGN ADVANCED, INNOVATIVE PLANS OF CARE FOR YOUR PATIENTS

Practice developing comprehensive treatment strategies for common impairments, including:

- Stenosis
- Spondylosis
- Spondylolisthesis
- Scoliosis
- Vertebral fractures
- Osteoporosis
- Osteoarthritis
- Disc herniation
- Non-specific low back pain

CASE STUDIES PUT KNOWLEDGE TO PRACTICE

- Case study 1: Correctly select the root cause of impairment
- Case study 2: Problem solve a complex spinal disorder and develop an effective treatment plan
- Case study 3: Improve postural control and mobility with an agitated patient
- Case study 4: Navigate pharmacological side effects and comorbidities
- Case study 5: Adjust your plan of care for surgical and technological advances
- Case study 6: Overcome barriers to effective strategy implementation

REHAB SUMMIT

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Questions?
Call customer service at
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The Ultimate Guide to Spinal Rehabilitation

Upgrade Your Practice with 2019's
Best Evaluations and Treatments

Build your professional network -
FREE networking event included!

Marietta, GA
Monday
November 4, 2019

Decatur, GA
Tuesday
November 5, 2019



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The Ultimate Guide to Spinal Rehabilitation

Upgrade Your Practice with 2019's
Best Evaluations and Treatments

- **Revolutionize your rehab toolbox** -- master effective treatments for back pain, disc herniation, scoliosis, post-surgical patients, and more hands-on labs
- **Upgrade your assessment and clinical reasoning skills** -- identify the root cause of impairment faster than ever before
- **Grow your practice** into the go-to treatment center for spinal patients

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Tuesday
November 5, 2019



A Non-Profit Organization Connecting Knowledge with Need Since 1979

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The Ultimate Guide to Spinal Rehabilitation

Whether you want to treat the root cause of back pain faster, enhance your clinic's services for post-surgical patients, or add personal value within a large organization, this program will get you where you want to go.

Created by one of the most trusted names in spinal rehab, The Ultimate Guide to Spinal Rehabilitation will teach you today's top strategies for efficiently evaluating and resolving many common diagnoses. Using the interventions you'll learn in this program, clinicians have seen countless patients -- from sedentary retirees to fit and active baby-boomers -- rediscover the joys of functional, pain-free living.

Join Dr. Jamie Miner as she shares a proven framework for rehabilitation that combines today's best practices with over 25 years of experience helping patients overcome spinal impairments in hospitals, rehab centers, home health settings, SNFs, and outpatient facilities.

If you're chasing symptoms without getting to the "why" of your patients' impairment, you're losing time, money, and referrals. This course is your path to delivering results for your patients.

Register for the The Ultimate Guide to Spinal Rehabilitation today!

SPEAKER

JAMIE MINER, PT, DPT, GCS, is an expert in spinal rehabilitation, with over 25 years of experience treating geriatric patients in hospitals, rehab centers, home health, and other practice settings.

Dr. Miner travels nationally to present seminars on spinal rehabilitation, and she is known for her dynamic, hands-on teaching style. Over the years, she has maintained a busy outpatient clinical practice, she provides therapy services to older adults in several skilled nursing facilities. A Geriatric Certified Specialist through the APTA, she serves as an adjunct professor and clinical instructor at Shenandoah University's DPT program.

Disclosures:

Financial: Jamie Miner has an employment relationship with Rehabcare, Galloway Ridge Facility. She is an Adjunct Associate Professor at Shenandoah University. Ms. Miner receives a speaking honorarium from PESI, Inc.

Non-financial: Jamie Miner has no relevant non-financial relationship to disclose.

OBJECTIVES

1. Discuss the latest advances in spinal rehabilitation and their implications for rehab.
2. Demonstrate a comprehensive assessment, identifying and differentiating root causes of pain and spinal impairments.
3. Integrate the most effective interventions available for reducing pain, correcting/arresting deformation, and restoring mobility/function after fractures and surgeries.
4. Combine multiple approaches for better outcomes, including preventative treatments, bracing, gait and balance training, strength training, exercise, and post-surgical interventions.
5. Design effective, innovative plans of care for a wide range of spinal diagnoses.
6. Apply the assessments and interventions discussed in this seminar to a series of interactive case scenarios.

Live Seminar Schedule

7:30 Networking/Registration/Morning Coffee & Tea

8:00 Program begins

1 hour Lunch (on your own)

3:30 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.

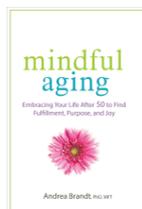
What You Should Wear/Bring

- Lab-appropriate clothing
- Exercise mat

Who Should Attend

- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Occupational Therapy Assistants
- Athletic Trainers
- Therapy Directors
- Physician Assistants
- Nurses
- Nurse Practitioners

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



Mindful Aging

Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy

By Andrea Brandt, PhD, MFT

The acclaimed *Mindful Aging* is full of exercises and tools to help you embrace a new mindset and blaze a new trail in your life fueled by passion, purpose, and creativity. Through research, inspiring stories of real people, and Dr. Brandt's psychological insight, you'll be able to claim the immense joy and love that are yours to have, the deep wisdom that is yours to share, and the exciting self-discoveries and contributions that are uniquely yours to make.



Tai Chi for Rehabilitation DVD

By Dr. Paul Lam

In this rejuvenating 5-hour DVD presentation, Dr. Paul Lam guides you step-by-step through each Tai Chi movement to use during recovery. You'll learn the most effective therapeutic tools to reduce falls and decrease pain, as well as to aid in recovery from disease, surgical procedures, stress and more.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ATHLETIC TRAINERS: PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.0 hours of Category A continuing education.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.0 contact hours. Partial contact hours will be awarded for partial attendance.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:

PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS:

This activity consists of 6.0 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

GEORGIA PHYSICAL THERAPISTS: This course has been submitted to the Physical Therapy Association of Georgia (PTAG).

PHYSICIAN ASSISTANTS: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/73574.

OTHER PROFESSIONS: This activity qualifies for 360 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



PLEASE RETURN ENTIRE REGISTRATION FORM

How to Register

THE ULTIMATE GUIDE TO SPINAL REHABILITATION
Questions? Visit www.pesirehab.com/faqs, or call 800-844-8260

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Please have credit card available

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2 Check location: (make copy of locations)

MARIETTA, GA

November 4, 2019

73574MTA

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DECATUR, GA

November 5, 2019

73574DCR

Courtyard By Marriott Atlanta Decatur
Downtown/Emory
130 Clairemont Ave • 30030
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Register now!

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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesirehab.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 10 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesirehab.com/students or call 800-844-8260 for details. **Advance registration required.** Cannot be combined with other discounts.

1 Please complete entire form (to notify you of seminar changes): please print; staple duplicate forms.

Mail Code: _____
See mail code box on address panel on reverse side

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3 Check tuition:

TUITION WITH SEMINAR MANUAL

\$209.99 – choose one of the options below:

- per person for 2 or more preregistering together —OR—
 single registration postmarked 3 weeks prior to seminar date

\$229.99 standard

Add-On Products

Distributed at seminar—FREE SHIPPING!

\$16.99* *Mindful Aging* book

\$24.95* *Tai Chi for Rehabilitation* DVD

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Indicate method of payment:

ALL REGISTRATIONS MUST BE PREPAID.
Purchase orders welcome (attach copy).

Check enclosed payable to **PESI, Inc.**

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(*MC/VISA/Discover: last 3-digit # on signature panel on back of card.)

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CAN'T ATTEND THE SEMINAR?

See below for individual product orders

Solve Age Related Degenerative Challenges: A Hands-on Course

___ Seminar on DVD* (video) \$219.99 (RNV063545)

___ Seminar on CD* (audio) \$219.99 (RNA063545)

___ *Mindful Aging* book* \$16.99 (PUB085125)

___ *Tai Chi for Rehabilitation* DVD* \$24.95 (ZNV085600)

CE hours and approvals on products may differ from live CE approvals. Product total \$ _____

*Shipping is \$6.95 first item + \$2.00 each add'l item. *Shipping _____

Residents add applicable state and local taxes except in AK, DE, MT, NH, OR. **Subtotal _____

**Tax _____

TOTAL _____

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