

## Outline

### The Personality Mystique

DSM-5® criteria  
Treatment errors and misdiagnoses  
Core and/or surface structure and the role of the clinical disorders  
Differential diagnoses  
Five central components to accurate diagnosis  
Insulate your clients against risk factors

### Antisocial Spectrum

Oppositional defiance to psychopath  
Attachment  
Manage and avoid in-session violence and threats  
Secondary gains, suicide attempts and threats  
Overcome blockades – manipulation, threats, power struggles and more  
Symptom presentation and risk analysis to self and other  
Interpersonal theory techniques for compliance  
Balance transference and countertransference  
Lessen destructive behaviors  
Cognitive-behavioral experiential techniques to lessen pathology  
Psychotropic medications  
Case studies and treatment exercises

### Narcissistic Spectrum

Narcissistic presentation and the environmental context  
Attachment and pathological narcissism  
Tackle the veneer of perfectionism  
Overcome blockades – power struggle, absent empathy, excessive criticism  
The narcissistic/borderline client  
Interpersonal strategies for empathy engagement  
CBT techniques to clarify behaviors, values and goals  
Tactics to avoid arguing  
Motivational Interviewing to overcome resistance  
Prevent sabotage  
Build a sense of true self  
Case studies and treatment exercises

### Histrionic Spectrum

Moody to excited to histrionic: the erratic client  
Attachment  
Coquettish behavior, avoidance drama, inauthenticity  
Dangers of the histrionic client  
Link between emotions and behavior  
Interpersonal strategies to encourage expression of true self  
Enhance sense of self and lessen the “spotlight”  
Motivational Interviewing techniques  
DBT techniques  
Interpersonal strategies to build positive relationships  
Strengthen self-initiative and independent action  
Psychotropic medications  
Case studies and treatment exercises

### Borderline Spectrum

Symptom presentation along the spectrum  
Attachment  
Feeling identification and behavioral control  
Manage self-harm and suicidality  
Rage-ful outbursts, self-mutilation, boundary violations  
Create stability and build therapeutic collaboration  
Develop true sense of self and lessen maladaptive need for attention  
Facilitate pattern recognition  
Lessen the impact of maladaptive patterns  
Underlying wishes and fears  
Build DBT core mindfulness skills  
DBT techniques to dissolve the distraction and focus on the “genuine relationship”  
Calm interpersonal upheavals with DBT  
DBT emotion regulation skills  
Psychopharmacology and applicability  
Case studies and treatment exercises

### Questions?

Call customer service at  
**800-844-8260**

#### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.



### Live Seminar Schedule

- 7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

There will be two 15 min breaks (mid-morning & mid-afternoon)  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

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# Antisocial, Borderline, Narcissistic and Histrionic

Effective Treatment for Cluster B Personality Disorders

Featuring national trainer and award winning author, **DANIEL J. FOX, Ph.D.**

**SUGAR LAND, TX**  
Thursday  
November 7, 2019

**THE WOODLANDS, TX**  
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# Antisocial, Borderline, Narcissistic and Histrionic

Effective Treatment for Cluster B  
Personality Disorders

Featuring national trainer and award winning author,  
**DANIEL J. FOX, Ph.D.**

- Understand the unique traits of antisocial, narcissistic, histrionic and borderline clients
- Make a clinical breakthrough with effective, evidence-based treatment methods for each disorder
- Gain the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients!



Antisocial, Borderline, Narcissistic and Histrionic

Effective Treatment for Cluster B Personality Disorders

Join national trainer, Dr. Daniel J. Fox, as he delivers an intensive workshop and seminar designed to provide you with the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients. Better understand your clients with Antisocial, Narcissist, Histrionic and Borderline Personality Disorder client and make a breakthrough in clinical treatment.

- Manage the manipulative and possibly violent Antisocial Personality Disorder in-session.
- Overcome the Narcissistic Personality Disorder trait of perfectionism and combat their need to overpower you as the therapist.
- Better understand your clients diagnosed with Histrionic Personality Disorder whose intense emotions and need for attention will test your patience and compassion.
- Help the Borderline Personality Disorder client deal with their explosive emotions, self-harm tendencies and cravings for chaos.

Case studies and video examples will be used to illustrate client symptom presentation, treatment, and management of each Cluster B client type. You will explore various modalities that are effective with antisocial, narcissistic, histrionic, and borderline personality disorders, such as Motivational Interviewing, Cognitive-Behavioral, Interpersonal, and Dialectical therapies. Each of these theories will be explored to provide you with solid and useable skills to include in your daily practice.

Stop being stuck and frustrated with your Cluster B Personality Disorder clients! Sign up for this seminar today!

Speaker

DANIEL J. FOX, Ph.D., has been treating and specializing in the treatment and assessment of individuals with personality disorders for the last 14 years in the state and federal prison system, universities, and in private practice. He is a licensed psychologist in the state of Texas and has published several articles on personality, ethics, and neurofeedback. He is the author of The Clinician's Guide to Diagnosis and Treatment of Personality Disorders. His specialty areas include personality disorders, ethics and emotional intelligence. Dr. Fox has been teaching and supervising students for the last 13 years at various universities across the country, some of which include West Virginia University, Texas A&M University, University of Houston, Sam Houston State University, and Florida State University. He is a staff psychologist at the Federal Detention Center in Houston, Texas, adjunct assistant professor at University of Houston, as well as maintaining a private practice that specializes in working with difficult clients. Dr. Fox has given numerous workshops and seminars on ethics and personality disorders, personality disorders and crime, emotional intelligence, managing mental health within the prison system and others.

Speaker Disclosures:  
Financial: Daniel Fox is in private practice. He receives royalties as an author for PESI Publishing & Media. Dr. Fox receives a speaking honorarium from PESI, Inc.  
Non-financial: Daniel Fox has no relevant non-financial relationship to disclose.

Target Audience

Counselors • Social Workers • Psychologists • Psychiatrists  
Psychotherapists • Therapists • Addiction Counselors  
Marriage and Family Therapists • Case Managers  
Nurses • Other Mental Health Professionals



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The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Nicole Rate at nrate@pesi.com or call 715-855-5291.

Objectives

1. Determine how the changes with the DSM-5® impacts diagnosis and treatment of the Cluster B Personality Disorders.
2. Identify and diagnose clients with antisocial, narcissistic, histrionic and borderline Personality Disorders to effectively inform your choice of treatment interventions.
3. Utilize case studies to differentiate symptom overlap, effective treatment and emotional management of each Cluster B Personality Disorders client type.
4. Manage the manipulative and potentially violent behaviors with your clients diagnosed with Antisocial Personality Disorder in session to make therapeutic progress.
5. Implement CBT techniques to clarify behaviors, values and goals with clients diagnosed with Narcissistic Personality Disorder.
6. Incorporate techniques to decrease explosive emotions, self-harm tendencies and cravings for chaos for clients diagnosed with Borderline Personality Disorder.
7. Utilize MI and DBT techniques with clients diagnosed with Histrionic Personality Disorder to help manage cognition and improve emotional regulation.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ADDITION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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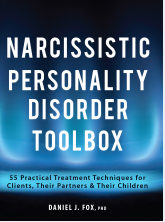
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Include these products with registration and save!



**Antisocial, Borderline, Narcissistic and Histrionic Workbook:**  
*Treatment Strategies for Cluster B Personality Disorders*  
By Daniel J. Fox, Ph.D.  
**Your Presenter**

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders. Utilize unique worksheets, checklists and other exercises to diagnose, tackle specific issues, reduce problematic symptoms and keep therapy moving forward.



**Narcissistic Personality Disorder Toolbox:** 55 Practical Treatment Techniques for Clients, Their Partners & Their Children  
By Daniel J. Fox, PhD  
**Your Presenter**

Invaluable tools you need to treat clients on the narcissistic spectrum, AND help their partners and children grow beyond the hurt and pain. Narcissism is a treatable condition, but working with these clients is no easy task. Developed from years of experience, Daniel Fox, PhD has created a three-sectioned approach, filled with unique worksheets, checklists and impactful exercises to help clients, their partners and their children.

**NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

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WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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