Outline

Behavioral Overview

Etiology
Nature v. nurture
Hormones, neuropsychology, behaviorism
Gender differences
"Eye of the beholder"

DSM-5® Updates
ADHD
Oppositional defiant disorder
Conduct disorder
Autism spectrum disorders
Bipolar disorder
Childhood anxiety and depression

Medication Interventions
Psycho-stimulants
Mood stabilizers
Anti-depressants/anti-anxiety
Atypical anti-psychotics
Illegal/illicit substances and treatment effects

Tools for Helping Behavior Problems

Quick Techniques to Manage Anger
Time in!
Restitution
The peace table & empathy building
Actor/observer
Standing 8 count
Art of compromise
…And many more!

Quick Techniques to Manage Depression
Cut-n-paste
The mirror effect
Inside movie
Types of journaling
…And many more!

Quick Techniques to Manage Anxiety
Ceiling fan breathing
Set the clock
Progressive relaxation
Top dog/underdog
…And many more!

Quick Techniques to Manage Autism/Asperger's
Facial expressions and social cues
Building a broader structure
The burrito
Island of Solace
…And many more!

Quick Techniques to Manage ADHD
Noise to the system
Anticipation
Therapeutic games
…And many more!

Techniques to Help the Client's World

Parents/Caregivers and Teachers/Schools
Intentional dialogue
The listening jar
Time out/quiet time
Token economies/response cost (and avoiding pitfalls)
The good behavior game

Manage Therapist Frustration

Limitations of Research and Potential Risks

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch *(on your own)*
4:00 Program ends

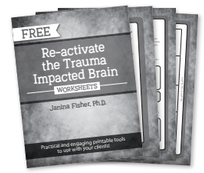
There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions? Call Customer Service: 800-844-8260

Objectives

1. Utilize effective, clinical techniques for the treatment of behavior disorders in children.
2. Develop specific behavioral interventions that address the developmental stage of the child and adolescent.
3. Consider the efficacy of biologically-based interventions to address behavioral and emotional disorders in children.
4. Explore clinical manifestations among anxiety disorders, ADHD, mood disorders, ODD and Conduct Disorder as it relates to diagnosis.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Analyze the diagnostic symptoms of behavioral/emotional disorders in children and adolescents and establish how this informs your choice of intervention strategies.

FREE Worksheets & Video
To Help The Traumatized Brain



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Over 2/3 of seminar contains teachable and proven behavior-changing techniques

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Featuring
Steven T. Olivas, Ph.D., HSP
Nationally-renowned speaker, behavior consultant & author

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Details Inside

OVER 75 QUICK, "ON-THE-SPOT" TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBLEMS

Leaving nothing to the abstract, "75 Quick, 'On-the-Spot' Techniques for Children and Adolescents with Emotional and Behavioral Problems" will guide you through focused, clear and successful methods for treating children. Every professional who seeks to fill their toolbox with tested methods will leave this seminar with a wealth of fresh ideas and rejuvenated spirits.

If you do not have a lot of experience working with children and teens, you will leave with a defined strategy for success. If you are a seasoned professional, you will learn new tricks and techniques to re-energize and revitalize your practice!

With nearly 25 years of clinical experience and a background in improvisational comedy, Dr. Steve is a strong proponent of "Edu-tainment." Namely, he uses charm, wit and humor to enhance your seminar experience, thus improving the retention and utilization of the specific skills covered. We change the world when we touch a child's life!

Speaker

Steven T. Olivas, Ph.D., HSP, nationally renowned speaker, author and behavior consultant, is a licensed psychologist in private practice in Middle Tennessee. He began his practice career in 1991 when ADHD was exploding onto the scene and has enjoyed working with the energy and spontaneous creativity of children ever since. Throughout his career, he has taught courses at nine colleges and universities, been a national public speaker, a regular columnist for a local newspaper and co-host of a popular radio show. He is the author of the book *When Good Kids Go Bad: Effective Solutions for Problem Behaviors* and the acclaimed book *Bad Kids…or Bad Behavior?*

For nearly 25 years, he has been helping clinicians, school systems and parents around the country understand and manage the kids and teens most likely to act out in impulsive and aggressive manners.

Speaker Disclosures:
Financial: Steven T. Olivas is an author for Premier Publishing & Media and receives royalty payments. He is an author for Author's Corner Publishing and receives royalty payments. He is a speaker who receives an honorarium for PESI, Inc.
Non-financial: Steven T. Olivas has no relevant non-financial relationship to disclose.

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When Good Kids Go Bad: *Effective Solutions for Problem Behaviors*
By Steven T. Olivas, Ph.D., HSP

Seminar Presenter!

Informative, artful, and fun, *When Good Kids Go Bad* takes readers inside the minds of our troubled kids and teens. Whether they are mildly irritating or well out of control, readers will leave armed with a broad range of proven techniques to curb negative behaviors and encourage positive ones. Therapists, parents, teachers, and all professionals interacting with these kids will have their questions answered and be given clear instructions on how to begin the road to behavioral and emotional change.

Letting Go of Anger Card Deck: *54 Cards to Help Teens Tame Frustration*
By Jeffrey Bernstein

- *Simple skills to successfully manage anger*
- *Tools to calm in emotionally tense moments*
- *Strategies to overcome anxiety*
- *Using anger in a healthy way*
- *Steps to create positive changes*

Target Audience

Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists
Teachers • School Guidance Counselors • Case Managers • Nurses • School Administrators
Educational Paraprofessionals • Occupational Therapists & Occupational Therapy Assistants
Other Helping Professionals who Work with Children

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. *After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

COUNSELORS (NBCC): Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems has been approved by NBCC for NBCC credit. PESI, Inc. is solely responsible for all aspects of the program. NBCC Approval No. SP-3200. PESI is offering this activity for 6.5 clock hours of continuing education credit.

FLORIDA COUNSELORS: PESI, Inc. is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number 50-399. This course qualifies for 6.25 continuing education credits.

GEORGIA COUNSELORS: 6.25 Core hours of continuing education have been approved by the Licensed Professional Counselors Association of Georgia, LPCA (# 8074-19M). Full attendance is required; no partial credits will be offered for partial attendance.

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

FLORIDA MARRIAGE & FAMILY THERAPISTS: PESI, Inc. is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number 50-399. This course qualifies for 6.25 continuing education credits.

GEORGIA MARRIAGE & FAMILY THERAPISTS: This activity has been submitted to the Georgia Association for Marriage and Family Therapy. Credit pending.

NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

FLORIDA NURSES: PESI, Inc. is an approved provider with the Florida Board of Nursing, Provider # FBN2858. This course qualifies for 6.0 contact hours.

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FLORIDA OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an approved provider with the Florida Board of Occupational Therapy Practice. Provider Number: 50-399. This course qualifies for 6.0 continuing education credits. Please make sure to bring your license number to the seminar so that we can report your attendance to CE Broker.

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FLORIDA SOCIAL WORKERS: PESI, Inc. is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number 50-399. This course qualifies for 6.25 continuing education credits.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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