

## Outline

### Affirmative Clinical Practice

- Ethical responsibilities
- Clinical application of affirmative practice
- Work with clients across the lifespan
  - Children
  - Adolescents
  - Emerging adults
  - Older adults
- Elements of support for transition care

### Gender Identity and Diversity

- Coming out
- Transition experiences (e.g., social, medical, and legal)
- Diagnosis
- Historical perspectives
- Current conceptions of gender diversity
- Challenges with keeping up with identity labels

### Challenges Faced by Gender Diverse People

- Intersecting identities
- Discrimination and violence
- Clients seeking asylum
- Clinical concerns
  - Trauma
  - Depression
  - Anxiety
  - Substance abuse
  - Suicidal ideation
- Family considerations
  - Parenting
  - Adoption
  - Value of support
  - Legal concerns

### Interrogating One's Gender Beliefs

- Why is this important
- What is involved in this process
- How does a clinician integrate this information into their practice?

### Practice Assessment

- What aspects of one's practice need to be assessed
- Simple ways to address practice shortcomings

### Assessment with Gender Diverse Clients

- Best practice for addressing clinical concerns with assessment
- How to complete assessments that require binary sex indicators
- The purpose of assessment in clinical practice with clients
- Challenges with personality assessments

#### Live Seminar Schedule:

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (*on your own*)
- 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

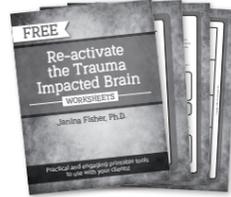
**Target Audience:** Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers • Marriage & Family Therapists • Speech-Language Pathologists • Occupational Therapists • Occupational Therapy Assistants • Nurses • Addiction Counselors • Other Mental Health Professionals

## Objectives

- Appraise the complexities that transgender clients face daily including physical, mental, and social discomfort and how to address these in clinical practice.
- Develop a deep comprehension of the ways that a client's own identity can create a trusting, effective relationship, and how their identity can negatively affect the clinical relationship.
- Apply concepts of affirmative clinical practice with gender diverse clients.
- Appraise the various gender diverse identities and analyze the ways that intersecting identities create further challenges in daily life.
- Assess your current clinical practice to determine how affirmative your practice is for gender diverse clients.
- Create a transition timeline and goals with your client.
- Prepare letters for clients seeking feminizing and masculinizing hormone therapy and gender confirmation surgeries.

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A Division of PESI, Inc.

# Transgender & Gender Non-Binary (TGNB) Clients

## Clinical Issues and Treatment Strategies

**INDEPENDENCE, OH**  
Monday  
January 27, 2020

**TARENTUM, PA**  
Tuesday  
January 28, 2020

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# Transgender & Gender Non-Binary (TGNB) Clients

## Clinical Issues and Treatment Strategies

#### If you've ever been:

- Unsure of the terminology to use with your TGNB client
- Uncomfortable talking about their intersecting identities
- Questioning how to analyze transition readiness and write letters of support

**Then this workshop is for you.**

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**INDEPENDENCE, OH**  
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# Transgender & Gender Non-Binary (TGNB) Clients

Early in my career, I recognized that without training in affirmative practice, mental health providers are at risk of causing harm to their transgender and gender non-binary clients (TGNB). As a result, mistakes are frequently made by using outdated treatment strategies and having a lack of education of how to work with gender diverse clients.

Today, I know that providing affirmative care practices are critical to ensure the safety of your TGNB clients. I will give you an insider's perspective and guide you step-by-step through navigating the challenges your clients face that are often overlooked by mainstream clinical approaches.

Join me for this must attend workshop and I will show you the power of affirmative care for you and your clients to:

- Overcome the knowledge barrier
- Avoid outdated treatment plans
- Learn and differentiate correct terms such as gender queer, gender fluid and cisgender
- Breakthrough strategies to help your client tell their partner, families, friends and employers
- Gain tips to discuss hormone treatments and surgical procedures

Don't wait to have your next TGNB client educate you about their challenges and clinical concerns! Begin your journey now to start providing a safe place for all your clients to genuinely be themselves.

Hope to see you soon!

*Dr. lore m. dickey*

## Speaker

**lore m. dickey, PhD**, has a mission to share his clinical expertise working with transgender and gender diverse clients. Dr. dickey was a co-chair for the American Psychological Association Task Force that wrote the *Guidelines for Psychological Practice with Transgender and Gender Nonconforming People*. As an international expert and pioneer in work with transgender clients, Dr. dickey's work has been recognized numerous times.

Dr. dickey has a clinical practice in which he works with gender diverse clients. He focuses on helping clients to understand the ways to cope with daily challenges and works to ensure they have support for their transition, be it social, medical, or legal.

A prolific writer, lore has published 18 peer-reviewed journal articles, 15 book chapters, and one edited book. He had presented throughout the world including Oslo, Valencia, Amsterdam, Toronto, Bangkok, Yokohama, and Tokyo and is often invited to present. lore has presented over a hundred times at local, state, national, and international conferences and symposia. He is an engaging and humorous speaker and is able to translate his work in a way that is understandable and easy to apply to clinical practice.

### Speaker Disclosures:

Financial: Lore Dickey is an assistant professor at Northern Arizona University. He receives royalties from the American Psychological Association. Dr. Dickey receives a speaking honorarium from PESI, Inc.

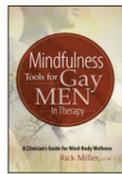
Non-financial: Lore Dickey is a member of the American Psychological Association; the World Professional Association for Transgender Health; and the Society for the Scientific Study of Sexuality.

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



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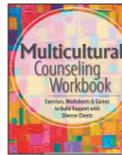


### Mindfulness Tools for Gay Men In Therapy:

*A Clinician's Guide for Mind-Body Wellness*

By Rick Miller, LICSW

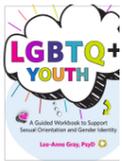
*Mindfulness Tools for Gay Men in Therapy* is designed to free your clients from shame, find safety, peace, and be truly himself. International trainer, author and gay male psychotherapist, Rick Miller, LICSW, utilizes over 30 years of personal and clinical experience to deliver an interactive book that successfully integrates mindfulness, meditation and self-exploration to accelerate the power of therapy.



### Multicultural Counseling Workbook

By Leslie Korn, Ph.D., MPH, LMHC

Use this powerful tool to explore cultural communities, religion, spirituality, gender, sexuality and disabilities. You'll find unique activities to help you reflect on your own attitudes, prejudices, and develop new skills for working with and building rapport with diverse clients.



### LGBTQ+ Youth

*A Guided Workbook to Support Sexual Orientation and Gender Identity*

By Lee-Anne Gray, Psy.D.

The most comprehensive, practical and user-friendly workbook written specifically for clinicians and educators to engage and support lesbian, gay, transgender, bisexual and questioning youth. Over 75 different concepts, worksheets, handouts and practices based in mindfulness, meditation and self-compassion that help children, adolescents and their caregivers.

The nation's top speakers and authors contact us first. If you are interested in becoming a speaker or have a new topic idea, please contact Nicole Rate at [nrate@pesi.com](mailto:nrate@pesi.com) or call 715-855-5291.

## LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepsi@pesi.com](mailto:cepsi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**Addiction Counselors:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**Ohio Chemical Dependency Professionals:** This course has been submitted to the Ohio Chemical Dependency Professionals Board for review. Please contact PESI, Inc. for the most current information.

**Pennsylvania Addiction Counselors:** For the most up-to-date credit information, please go to: [www.pesi.com/events/detail/76426](http://www.pesi.com/events/detail/76426). \*\*No PA ADD available for programs held outside of PA\*\*

**Counselors:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Ohio Counselors:** PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #RCST071001. Full attendance at this course meets the qualifications for 6.25 clock hours of continuing education credit.

**Pennsylvania Counselors:** The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

**Marriage & Family Therapists:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Ohio Marriage & Family Therapists:** PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #RCST071001. Full attendance at this course meets the qualifications for 6.25 clock hours of continuing education credit.

**Pennsylvania Marriage & Family Therapists:** The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

**Nurses, Nurse Practitioners, and Clinical Nurse Specialists:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**Occupational Therapists & Occupational Therapy Assistants:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**Psychologists:** This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Ohio Psychologists:** PESI, Inc. is approved by the Ohio Psychological Association, Provider #263896894, to sponsor continuing education for psychologists. PESI, Inc. maintains responsibility for this program and its content. PESI is offering this activity for 6.25 standard hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**Pennsylvania Psychologists:** PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. Provider #PSY000211. PESI maintains responsibility for the program(s). This program qualifies for 6.25 continuing education hours.

**APPROVED PROVIDER**



**PESI, Inc.** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**Speech-Language Pathologists:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**Social Workers:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**Ohio Social Workers:** PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #RCST071001. Full attendance at this course meets the qualifications for 6.25 clock hours of continuing education credit.

**Pennsylvania Social Workers:** The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

**Other Professions:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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## How to Register: TRANSGENDER AND GENDER NON-BINARY (TGNB) CLIENTS: CLINICAL ISSUES AND TREATMENT STRATEGIES

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**1 Please complete entire form** (to notify you of seminar changes):  
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*See mail code box on address panel on reverse side*

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### 2 Check location: (make copy of locations)

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### Register now!

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### ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

### WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) or call 800-844-8260 for details. *Advance registration required. Cannot be combined with other discounts.*

### 3 Check tuition:

**TUITION with seminar manual**

**\$219.99** – choose one of the options below:

- per person for 2 or more preregistering together —OR—
- single registration postmarked 3 weeks prior to seminar date

**\$249.99** standard

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\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

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\_\_\_ Seminar on CD\* (audio) \$219.99 (RNA053640)

\_\_\_ *Mindfulness Tools for Gay Men In Therapy* book\* \$24.99 (PUB084585)

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